



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 01/10 13 Jan 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

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PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

UPCOMING EVENTS						
	From	To	Name	Location	Concerned	Remarks/Noms
1.	06 Jan 10	06 Jan 10	Stand To and Coy Trg	MPA Dalton	All	Stores/resource requests in to QM/Ops by 9 Dec for coy trg. Should focus on IBTS
2.	12 Jan 10	12 Jan 10	ETA Op Cadence Op Order	<i>N/A</i>		
3.	13 Jan 10	13 Jan 10	Coy Trg	MPA Dalton	All	Must focus on IBTS.
4.	20 Jan 10	20 Jan 10	Coy Trg	MPA Dalton	All	
5.	27 Jan 10	27 Jan 10	CO's Parade	MPA	All	
6.	30 Jan 10	30 Jan 10	32CBG CAX			Most likely to be Cancelled
7.	03 Feb 10	03 Feb 10	Coy Trg	MPA Dalton	All	IBTS
8.	10 Feb 10	10 Feb 10	Coy Trg	MPA Dalton	All	
9.	17 Feb 10	17 Feb 10	Coy Trg	MPA Dalton	All	
10.	21 Feb 10	21 Feb 10	Tony Stacey Event	TBC	Band	Tentative
11.	24 Feb 10	24 Feb 10	CO's Parade	MPA	All	
12.	26 Feb 10	28 Feb 10	ARCG EX	Petawawa	All	Tentative
13.	03 Mar 10	03 Mar 10	Coy Trg	MPA Dalton	All	
14.	06 Mar 10	06 Mar 10	Garrison Ball	MTCC	Band, Offr's	QOR Hosting, Capt Foulds OPI
15.	10 Mar 10	10 Mar 10	Coy Trg	MPA Dalton	All	
16.	14 Mar 10	14 Mar 10	St Paddy's Parade	Toronto	Band	
17.	17 Mar 10	17 Mar 10	Coy Trg	MPA Dalton	All	
18.	24 Mar 10	24 Mar 10	CO's Parade	MPA	All	RSM to conduct show parade and drill practice.
19.	31 Mar 10	31 Mar 10	Coy Trg	MPA Dalton	All	

2. FTUC LEAVE, TASKING, ROTO, COURSES:

Cpl	Alonso	C	TF 3-10
Sgt	Behan	B	QOR OF C
Lt	Beindorff	B	LFCA Toronto
Cpl	Bremner	C	TF 3-10
MCpl	Bridge	B	CFLAWC Trenton
Cpl	Brisbane	B	CFLAWC Trenton
Cpl	Brown	B	QOR OF C
Sgt	Burns	B	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	B	LFCA HQ
MCpl	Chen	C	TF 3-10
Sgt	Chin-Leung	B	PRL - CFLAWC
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Sgt	Demaine	B	ST Jean
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
Capt	Haupt	B	QOR OF C
MCpl	Hing	B	QOR OF C
Sgt	Hood	B	QOR OF C
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	CFLAWC Trenton
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B	QOR OF C
Mcpl	Milrod	B	CFLAWC Trenton
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
MCpl	Overholt	B	QOR OF C
MCpl	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Shim	C	TF 3-10
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B	QOR OF C
Mcpl	Thomas	B	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Lachaine	C	TForce
Capt	Lee	C	TF 3-10
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

Cpl Nel
Cpl Khan
Cpl Boughton-Flynn
Rfn Coke
Cpl Benincasa
Cpl Dickie
Cpl Windover
Cpl Byng

4. NES:

Cpl Alias	Pte (B) Canonigo	MCpl Atkins
Cpl Choe	Rfn Zupo	Rfn Kielbasinski
Cpl De Silva	Rfn Rehayem	Cpl Illsley
Cpl Fung	Pte Gerassimik	Cpl Shepherd
Cpl Hong	Cpl Kloc	Rfn Thai
Rfn Yu	Rfn Chao	Cpl Ibrahim
Cpl Lee	Rfn McNevin	Cpl Middleton
Pte (T) Peterdy	Cpl Gunn	Rfn Taylor
Rfn Choy	Rfn Quijada-Del-Cid	Pte (T) James

5. PRL:

Lt Burton x	Cpl McGibbon (Julie) x
Cpl Bollers x	Cpl Cook x
Pte Monteiro x	Rfn Franchi x
Cpl Hogg x	Pte (B) Durkalec x
Rfn Zhou x	Cpl Kouprine x
Rfn Matecki x	Cpl Lynch x
Rfn Ott x	Pte (B) Guy x
Pte (B) Padrad x	Pte (B) Tai x
MCpl Huh x	Rfn McFarlane x
Rfn Slade x	Rfn Mahmood x
Cpl Ton x	Cpl Jimenez x
Cpl Wilson x	Pte (B) Wu x
Cpl White x	

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY:

Duty Officer

06-Jan-10	Lt	Mantle
13-Jan-10	2Lt	Mackintosh
20-Jan-10	2Lt	Chrzan
27-Jan-10	2Lt	Newlands
03-Feb-10	Capt	Stewart
10-Feb-10	Capt	Stewart

Duty Sgt/MCpl

06-Jan-10	Sgt	Behan	MCpl	De Bartok
13-Jan-10	Sgt	Burns	MCpl	Johnston
20-Jan-10	Sgt	Fabry	MCpl	Leader
27-Jan-10	Sgt	Green	MCpl	Macmillan
03-Feb-10	Sgt	Burns	MCpl	Johnston
10-Feb-10	Sgt	Burns	MCpl	Johnston
17-Feb-10	Sgt	Johnston	MCpl	Noonan
24-Feb-10	Sgt	Kenny	MCpl	Overholt
03-Mar-10	WO	O'Halloran	MCpl	Reavie
10-Mar-10	Sgt	McCauley	MCpl	Semenovych
17-Mar-10	Sgt	Kohler	MCpl	Thomas
24-Mar-10	Sgt	Hodgson	MCpl	McGibbon
31-Mar-10	Sgt	Hood	MCpl	McQuaid

Routine

- Tour of Duty:
 - a) 1800 - 2000 FTUC
 - b) 2000 - 0030 60th Coy/Vics Coy
- 60th Coy and Vics Coy are free to adjust these shifts among themselves as long as the entire 2000 – 0030 time pd is covered off. However, in the event of a no-show by any sec staff, OCs will be accountable for their assigned shifts as listed above.
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- 60th Coy and Vics Coy are to provide staff as detailed above.
- All MPA personnel from the rank of Capt to Sgt are eligible for Duty Officer/NCO regardless of appointment.
- All MPA personnel in the rank of MCpl are eligible for Duty Sgt position. The Duty MCpl position is no longer applicable.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 0000, the DO will inform all messes that the gates will be locked at 0030. At 0030, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.

- After completing the building checks, the DO will ensure that all equipment and keys are returned through the mail slot in the door of the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescent vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will record the license plate numbers of all vehicles entering the parking lot;
- They will ensure no cars park in front of the gate in the fire lanes;
- They will ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

6-Jan-10	MCpl	Kiss	Allan
13-Jan-10	MCpl	Palma	Mark
20-Jan-10	Cpl	Ezmenari	Chudwudi
27-Jan-10	MCpl	Silva	Shane
3-Feb-10	MCpl	Kurelo	Rick
10-Feb-10	MCpl	Chiu	Rick

Routine

- Tour of Duty: 1915-2400
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- The ID checker can be yourself, someone you assign, or a member of the orderly room staff if available. You must ensure that the person is properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

PERSONNEL	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Maj Champion
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj Champion
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adjt) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Meerberg
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harmes
Mbr	Lt Moody
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj Champion
Secy	(Adjt) Capt Stewart
Mbr	(OC Para) Capt Harmes
Mbr	Capt Haupt
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	2Lt Mackintosh
Mbr	Capt Haupt
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee - Dalton Armoury Mess	
PMC	Cpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
HEALTH AND SAFETY	
General Safety Committee	
Chair	Maj Champion
A Safe O	Capt Hicks
Rad SO	Capt Kelly

Fire Warden	MCpl Kure
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Capt Haupt
Environmental O	Capt Haupt
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>ENVIRONMENT</u>	
Environmental Officer	
OPI	Capt Haupt
<u>MATERIAL</u>	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Maj Champion
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Fabry
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	MWO Martin
Maj Champion	WO O'Halloran
Capt A Harmes	WO Parris
Capt D Harmes	WO Thorn
Capt Haupt	Sgt Behan
Capt Kaipio	Sgt Burns
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Shikhman
Lt Kotschka	Sgt Wilson
Lt Stewart	Sgt Green
CWO Kelly	Sgt Halcro
MWO Shannon	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj Champion
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. AUTHORITY TO WEAR THE MAROON BERET

The following pers are authorized to wear the Maroon Beret:

Capt Harmes, A.	MCpl Abate	Cpl Chen
Capt Lee	MCpl Biggs	Cpl Gee
Capt Moyer	MCpl Charlebois	Cpl Hannan
Capt Ross	MCpl Coelho	Cpl Harrison
Capt Timms	MCpl Dias	Cpl Hijazi
Capt Potter	MCpl Griffiths	Cpl Hoad
Lt Beindorf	MCpl Hing	Cpl Humphrey
Lt Mantle	MCpl Kim, I	Cpl Johnston
Lt Stewart	MCpl Kim, S	Cpl Khan
Lt Moody	MCpl Kiss	Cpl Kim J.
MWO Shannon	MCpl Leader	Cpl Mackinnon
WO O'Halloran	MCpl Lim	Cpl Maiolo
WO Kim	MCpl Milrod	Cpl Mitchell
WO Parris	MCpl Reavie	Cpl Myles
Sgt Behan	MCpl Silva	Cpl Ortega
Sgt Burns	MCpl Thomas	MCpl Overholt
Sgt Fabry	MCpl Tse	Cpl Shim
Sgt Frounze	MCpl Wolfe	Cpl Villa
Sgt Johnston	Cpl Benicasa	Cpl Webster
Sgt Kohler	Cpl Brooks D.	Cpl Wright
Sgt Morin	Cpl Carrier	Rfn Bremner
Sgt Paton	Cpl Chang	

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

11. RESTRICTION OF BFT FOR REMAINDER OF 2009/10 FISCAL YEAR

As a result of budgetary impacts to the Bde, the Land Force Command Physical Fitness Standard (LFCPFS), commonly referred to as the BFT, has been significantly curtailed for the remainder of the 2009/10 fiscal year. It is only authorized in specific circumstances.

The following outlines who requires the BFT or the CF EXPRESS test:

- a) Annually: (1) Reg F and Class B (>180 days). Still an annual requirement, no change to the current policy. (2) Class A and Class B (<180 days). CF EXPRESS test is required.
- b) Promotions: (1) Reg F and Class B (>180 days). BFT is required. No change. (2) Class A and Class B (<180 days). CF EXPRESS test is required.
- c) Appointments: This only affects Class A personnel for appointments to CO/RSM and some 32 CBG HQ positions (and also extensions into those positions). The BFT is required within 6 months of the appointment; however, that person then reverts back to the requirements for annual testing.
- d) Deployments: Not required as part of the nomination process, however, personnel will be expected to complete a BFT prior to deployment.
- e) Courses: Some courses require that BFT be done as a prerequisite, this is still the case. Refer to the applicable course training plan or joining instructions to confirm if it is required.
- f) Employment: CMP 20-04 requires that all CF members must meet the physical fitness requirements for the position in which they are to be employed. To satisfy this requirement the CF EXPRESS test will be used.

12. FOREIGN TRAVEL

A new procedure has been implemented since December 2008 in order to ensure DND/CF members are aware of new Defence and Security policies. Henceforth, the new policy from Ottawa requires that all DND/CF members travelling outside Canada to any country other than the U.S. for either duty or non duty travel must submit a Notice of Intent to Travel Form. CFNCIU HQ will review your submission and determine if a formal Defence Security Brief and Debrief (DSB/D) is required. You will be advised whether or not you will need a DSB/D. If so, the nearest CFNCIU Det will be contacted and a DSB/D appointment arranged.

The following links can be used to determine if the country you wish to visit is a scheduled country (Cuba is a scheduled country):

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38B_e.asp

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38A_e.asp

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38_e.asp

Anyone travelling to a scheduled country is required to complete a notice of intent to travel form and submit it as follows, effective 01 Jan 09, all Notice of Intent to Travel forms directly to the following addresses for processing: (email or fax):

The NEW email is as follows: +CFNCIU CEN@CFNCIU Central Region@Toronto

13. ASSISTANCE BY LEGAL COUNSEL DURING THE GRIEVANCE PROCESS

CANFORGEN 208/09 DGCFGA 009/09 071533Z DEC 09

1. CF Members who wish to submit a grievance may, if they choose to do so, secure legal assistance at their own expense to help them in the process. Recent experience has shown that there is a need for guidance with respect to when and how the Chain of Command and other redress authorities should communicate with these legal advisors during the staffing, analysis and determination phases of the adjudicative process.
2. While there is no Order or Regulation concerning the administration of the CF which requires the Chain of Command or the redress authorities to work through legal advisors in the grievance process, common practice has been to respect the Member's wishes when such a request to the authorities is in writing. This in now way limits the responsibilities and the right of the Chain of Command to look after the administration of the Member. Therefore, the Chain of Command can continue to assist the Grievor and keep him/her advised on the progress of the staffing of the grievance. However, when the essence of the discussion or correspondence goes at the heart of the matter being grieved, any communication with the Grievor should be made through his/her legal representative. If in doubt, contact your Unit/Formation Legal Officer or Maj. Keleher at commercial 613-944-5549, AUTOVON: 944-5549, or at michael.keleher@forces.gc.ca

PART IV – GENERAL INTEREST

14. JOB SEARCH ASSISTANCE SEMINARS

The ASU Toronto Base Personnel Selection Office will be presenting a two day workshop in classroom #7 of the Denison Armouries on 14 & 15 January 2010. In light of present fiscal restraints and the real possible reductions on all Class B Reservist employment, the Area Support Unit Toronto Base Personnel Office is committed to helping those affected to the greatest possible extent, and this includes providing services to those affected which will help them gain civilian employment.

Members must be BMQ qualified to attend this training. This workshop is not available to civilian employees.

Timings: 0815 hrs – 1600 hrs, Denison Armoury, Classroom 7, 1 Yukon Lane

Topics covered will include: Skills & career assessment, resume basics, job search strategy & networking, and interview & negotiation. This program is specifically designed for military personnel. CIVILIAN DRESS AUTHORIZED.

Please register online at <http://www.ipprightfromhome.ca/EventsCalendar/> or by calling 1-888-221-2202. Thirty spots are available. If interest exceeds available spots more sessions will be offered so please register as soon as possible. For details contact the BPSO at loc 633-6200 ext 3754 or 7914.

15. CANADA POST – FREE REGULAR PARCEL SERVICE OVERSEAS

CANFORGEN 163/09 CANOSCOM 040/09 181440Z SEP 09

1. Canada Post will again be providing free regular parcel service for family and friends of deployed Members until 15 Jan 10. Parcels will be delivered free of charge from any Canada Post retail outlet to designated CF bases, where they will be forwarded through the CF postal system to CF Members overseas.
2. Additionally, Canada Post will also continue providing free delivery of letters to deployed troops through 2010.
3. Due to cargo limitations on military flights, this offer is restricted to those operations served by the Belleville Ontario K8N 5W6 address and to any deployed CDN ship.
4. Additional mailing guidelines are available at the Write to the Troops link found at www.forces.gc.ca
5. To ensure the proper customs declaration forms and correct addressing info, all letters and parcels must be deposited at a Canada Post retail outlet. Mail deposited in street letter boxes will not be delivered.

16. HEALTH PROMOTION COURSES IN JANUARY

Health Promotion is offering 2 courses in January, and spaces are limited for both.

A) Alcohol, Other Drug and Gambling Supervisor Training on 13 Jan 2010. This 1 day course now has a COURSE CODE and is MANDATORY for all supervisors (MCpl and up and all Officers). See CANFORGEN 043/09 CMP 019/09 MAR 09 for more information about this education requirement. REGISTRATION DEADLINE: 7 JANUARY, 2010.

B) ASIST: Applied Suicide Intervention Skills Training on 25/26 Jan 2010. This two (2) day workshop developed by Livingworks™ is regarded as the premier suicide intervention skills training in the world. The skills you learn could help save a life.

For either course please call ext 3731 to register or check our website for more info. http://armyonline.kingston.mil.ca/LFCA/143000440032205/UPCOMING_COURSES_DEC0.DOC

17. BUYING BACK PENSIONABLE TIME (UPDATED)

IMPORTANT: Any soldier to who would like to buy back pensionable time prior to April 2007 must do so no later than 28 February 2010.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.ASP?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDECAT\(EQUAL SIGN\)15](http://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT(UNDERSCORE)E.ASP?SIDESECTION(EQUAL SIGN)4(AMPERSAND)SIDECAT(EQUAL SIGN)15)

18. WEIGHT ROOM POLICY

All users are requested **NOT TO REMOVE** any weight plates, dumbbells, or other equipment from the fitness rooms, except to the drill hall floor for training. On various occasions, users have 'borrowed' weight plates for marching and personal use and pieces do not return. These weights are not replaced easily. Thank you for leaving weights where they belong.

19. JTF2 ASSAULTER SELECTION

Please be advised that henceforth, JTF2 will now be conducting Assaulter Selection during the Apr - May timeframe (exact dates TBA) vice Oct-Nov. The Special Operations Assaulter Course (SOAC) will also now be held from Sep to Jun of the following year. The first spring selection serial will be held in Apr-May 2010. More details on Assaulter and Coxswain selection to follow.

20. 16TH ANNUAL BATTLEFIELD STUDY TOUR

A Study Tour of Canadian Battlefields commemorating the 100th Anniversary of Canada's Navy 29 May - 13 June 2010. This programme is intended for students who are attending Canadian universities, including graduate school, or are very recent graduates, and who have a strong desire to learn more about the role the Canadian Navy played in the Battle of the Atlantic and the liberation of Normandy.

This year's programme of study is very special. As part of the 100th Anniversary celebrations of Canada's navy, the group will visit Iceland and the United Kingdom to examine the vital role played by the RCN in the Atlantic. After crossing the Channel, participants will then explore the Second World War campaign in Normandy. The Foundation offers a bursary to each successful applicant but requires participants to contribute \$1,500 towards the cost of the programme which covers air and ground travel, accommodation, meals, study materials, etc. The 2009 tour will be led by Dr. Marc Milner, University of New Brunswick and Dr Alec Douglas, former Director of History and Heritage for DND. Application Deadline: 26 Feb 2010. For more information contact: Dr. Marc Milner, milner@unb.ca 506-458-7428 or visit www.canadianbattlefieldsfoundation.ca

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

21. PROMOTIONS

Capt Potter
MWO Martin
Cpl Ansell
Cpl Brooks, J. 994
Cpl Goskey
Cpl Kim, D. 205
Cpl Samuel
Cpl Saraiva
Cpl Zimin
Cpl Zhang D. 131
Cpl Camarda
Cpl Lo
Cpl Thommee
Cpl James
Cpl MacStravick

22. DECORATIONS

MCpl De Bartok – Sacrifice Medal
MCpl Kurelo – Sacrifice Medal
CD 1 – MCpl Watkins

23. AWARDS

Major St. Denis – CLS Commendation
Capt Stewart – TFK Commendation

24. RELEASES

Nil.

25. TRANSFERS/POSTINGS – IN

Cpl Dupee – 3 RCR

26. TRANSFERS – OUT

Nil

27. ATTACHED POSTED – IN

Sgt McCulley

28. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 01/10 03 Feb 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

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5. NON-EFFECTIVE STRENGTH

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23. RELEASES
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PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

UPCOMING EVENTS						
	From	To	Name	Location	Concerned	Remarks/Noms
1.	06 Jan 10	06 Jan 10	Stand To and Coy Trg	MPA Dalton	All	Stores/resource requests in to QM/Ops by 9 Dec for coy trg. Should focus on IBTS
2.	12 Jan 10	12 Jan 10	ETA Op Cadence Op Order	N/A		
3.	13 Jan 10	13 Jan 10	Coy Trg	MPA Dalton	All	Must focus on IBTS. Winter kit list to be issued.
4.	20 Jan 10	20 Jan 10	Coy Trg	MPA Dalton	All	Prep Tent groups and confirm winter kit.
5.	27 Jan 10	27 Jan 10	CO's Parade	MPA	All	Coy trg plans should be re-examined due to time constraints and IBTS reqts.
6.	03 Feb 10	03 Feb 10	Coy Trg	MPA Dalton	All	IBTS
7.	10 Feb 10	10 Feb 10	Coy Trg	MPA Dalton	All	
8.	17 Feb 10	17 Feb 10	Coy Trg	MPA Dalton	All	
9.	21 Feb 10	21 Feb 10	Tony Stacey Event	TBC	Band	Tentative
10.	24 Feb 10	24 Feb 10	Coy Trg	MPA Dalton	All	CO's Parade at MPA (tentative)
11.	26 Feb 10	07 Mar 10	ARCG EX	Moosonee	All	Tentative
12.	03 Mar 10	03 Mar 10	Coy Trg	MPA Dalton	All	
13.	06 Mar 10	06 Mar 10	Garrison Ball	TBC	Band, Offr's	QOR Hosting, Capt Foulds OPI
14.	10 Mar 10	10 Mar 10	Coy Trg	MPA Dalton	All	
15.	14 Mar 10	14 Mar 10	St Paddy's Parade	Toronto	Band	
16.	17 Mar 10	17 Mar 10	Coy Trg	MPA Dalton	All	
17.	24 Mar 10	24 Mar 10	Coy Trg	MPA Dalton	All	Possible CO's Parade. Alt for Mar may be 31st

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

Cpl	Alonso	C	TF 3-10
Sgt	Behan	B	QOR OF C
Lt	Beindorff	B	LFCA Toronto
Cpl	Bremner	C	TF 3-10
MCpl	Bridge	B	CFLAWC Trenton
Cpl	Brisbane	B	CFLAWC Trenton
Cpl	Brown	B	QOR OF C
Sgt	Burns	B	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	B	LFCA HQ
MCpl	Chen	C	TF 3-10
Sgt	Chin-Leung	B	PRL - CFLAWC
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Sgt	Demaine	B	ST Jean
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
Capt	Haupt	B	QOR OF C
MCpl	Hing	B	QOR OF C
Sgt	Hood	B	QOR OF C
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	CFLAWC Trenton
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B	QOR OF C
Mcpl	Milrod	B	CFLAWC Trenton
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
MCpl	Overholt	B	QOR OF C
MCpl	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Shim	C	TF 3-10
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B	QOR OF C
Mcpl	Thomas	B	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Lachaine	C	TForce
Capt	Lee	C	TF 3-10
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

Cpl Nel
Cpl Khan
Cpl Boughton-Flynn
Rfn Coke
Cpl Benincasa
Cpl Dickie
Cpl Windover
Cpl Byng

4. PRL:

Lt Burton x	Cpl McGibbon (Julie) x
Cpl Bollers x	Cpl Cook x
Pte Monteiro x	Rfn Franchi x
Cpl Hogg x	Pte (B) Durkalec x
Rfn Zhou x	Cpl Kouprine x
Rfn Matecki x	Cpl Lynch x
Rfn Ott x	Pte (B) Guy x
Pte (B) Padrad x	Pte (B) Tai x
MCpl Huh x	Rfn McFarlane x
Rfn Slade x	Rfn Mahmood x
Cpl Ton x	Cpl Jimenez x
Cpl Wilson x	Pte (B) Wu x
Cpl White x	

5. NES:

Cpl Alias	Pte (B) Canonigo	MCpl Atkins
Cpl Choe	Rfn Zupo	Rfn Kielbasinski
Cpl De Silva	Rfn Rehayem	Cpl Illsley
Cpl Fung	Pte Gerassimik	Cpl Shepherd
Cpl Hong	Cpl Kloc	Rfn Thai
Rfn Yu	Rfn Chao	Cpl Ibrahim
Cpl Lee	Rfn McNevin	Cpl Middleton
Pte (T) Peterdy	Cpl Gunn	Rfn Taylor
Rfn Choy	Rfn Quijada-Del-Cid	Pte (T) James

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY:

Duty Officer

06-Jan-10	Lt	Mantle
13-Jan-10	2Lt	Mackintosh
20-Jan-10	2Lt	Chrzan
27-Jan-10	2Lt	Newlands
03-Feb-10	Capt	Stewart
10-Feb-10	Capt	Stewart

Duty Sgt/MCpl

06-Jan-10	Sgt	Behan	MCpl	De Bartok
13-Jan-10	Sgt	Burns	MCpl	Johnston
20-Jan-10	Sgt	Fabry	MCpl	Leader
27-Jan-10	Sgt	Green	MCpl	Macmillan
03-Feb-10	Sgt	Hodgson	MCpl	McGibbon
10-Feb-10	Sgt	Hood	MCpl	McQuaid
17-Feb-10	Sgt	Johnston	MCpl	Noonan
24-Feb-10	Sgt	Kenny	MCpl	Overholt
03-Mar-10	WO	O'Halloran	MCpl	Reavie
10-Mar-10	Sgt	McCauley	MCpl	Semenovych
17-Mar-10	Sgt	Kohler	MCpl	Thomas

Routine

- Tour of Duty:
 - a) 1800 - 2000 FTUC
 - b) 2000 - 2230 60th Coy/Vics Coy
 - c) 2230 - 0000 Duty Staff/2 x Sentry
 - d) 0000 - 0030 Duty Staff

- 60th Coy and Vics Coy are free to adjust these shifts among themselves as long as the entire 2000 – 0030 time pd is covered off. However, in the event of a no-show by any sec staff, OCs will be accountable for their assigned shifts as listed above.
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- 60th Coy and Vics Coy are to provide staff as detailed above.
- All MPA personnel from the rank of Capt to Sgt are eligible for Duty Officer/NCO regardless of appointment.
- All MPA personnel in the rank of MCpl are eligible for Duty Sgt position. The Duty MCpl position is no longer applicable.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 0000, the DO will inform all messes that the gates will be locked at 0030. At 0030, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned through the mail slot in the door of the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will record the license plate numbers of all vehicles entering the parking lot;
- They will ensure no cars park in front of the gate in the fire lanes;
- They will ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

6-Jan-10	MCpl	Kiss	Allan
13-Jan-10	MCpl	Palma	Mark
20- Jan-10	Cpl	Ezmenari	Chudwudi
27-Jan-10	MCpl	Silva	Shane
3-Feb-10	MCpl	Kurelo	Rick
10-Feb-10	MCpl	Chiu	Rick

Routine

- Tour of Duty: 1915-2400
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- The ID checker can be yourself, someone you assign, or a member of the orderly room staff if available. You must ensure that the person is properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Maj Champion
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj Champion
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adj) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Meerberg
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harmes
Mbr	Lt Moody
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj Champion
Secy	(Adj) Capt Stewart
Mbr	(OC Para) Capt Harmes
Mbr	Capt Haupt
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	2Lt Mackintosh
Mbr	Capt Haupt
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick

House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee – Dalton Armoury Mess	
PMC	Cpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj Champion
A Safe O	Capt Hicks
Rad SO	Capt Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Capt Haupt
Environmental O	Capt Haupt
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>ENVIRONMENT</u>	
Environmental Officer	
OPI	Capt Haupt
<u>MATERIAL</u>	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Maj Champion
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Fabry
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	MWO Martin
Maj Champion	WO O'Halloran
Capt A Harmes	WO Parris
Capt D Harmes	WO Thorn
Capt Haupt	Sgt Behan
Capt Kaipio	Sgt Burns
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Shikhman
Lt Kotschka	Sgt Wilson
Lt Stewart	Sgt Green
CWO Kelly	Sgt Halcro

MWO Shannon	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj Champion
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

Capt Harmes, A.	MCpl Abate	Cpl Chen
Capt Lee	MCpl Biggs	Cpl Gee
Capt Moyer	MCpl Charlebois	Cpl Hannan
Capt Ross	MCpl Coelho	Cpl Harrison
Capt Timms	MCpl Dias	Cpl Hijazi
Capt Potter	MCpl Griffiths	Cpl Hoad
Lt Beindorf	MCpl Hing	Cpl Humphrey
Lt Mantle	MCpl Kim, I	Cpl Johnston
Lt Stewart	MCpl Kim, S	Cpl Khan
Lt Moody	MCpl Kiss	Cpl Kim J.
MWO Shannon	MCpl Leader	Cpl Mackinnon
WO O'Halloran	MCpl Lim	Cpl Maiolo
WO Kim	MCpl Milrod	Cpl Mitchell
WO Parris	MCpl Reavie	Cpl Myles
Sgt Behan	MCpl Silva	Cpl Ortega
Sgt Burns	MCpl Thomas	MCpl Overholt
Sgt Fabry	MCpl Tse	Cpl Shim
Sgt Frounze	MCpl Wolfe	Cpl Villa
Sgt Johnston	Cpl Benicasa	Cpl Webster
Sgt Kohler	Cpl Brooks D.	Cpl Wright
Sgt Morin	Cpl Carrier	Rfn Bremner
Sgt Paton	Cpl Chang	

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

11. **RESTRICTION OF BFT FOR REMAINDER OF 2009/10 FISCAL YEAR**

As a result of budgetary impacts to the Bde, the Land Force Command Physical Fitness Standard (LFCPFS), commonly referred to as the BFT, has been significantly curtailed for the remainder of the 2009/10 fiscal year. It is only authorized in specific circumstances.

The following outlines who requires the BFT or the CF EXPRESS test:

- a) Annually: (1) Reg F and Class B (>180 days). Still an annual requirement, no change to the current policy. (2) Class A and Class B (<180 days). CF EXPRESS test is required.
- b) Promotions: (1) Reg F and Class B (>180 days). BFT is required. No change. (2) Class A and Class B (<180 days). CF EXPRESS test is required.
- c) Appointments: This only affects Class A personnel for appointments to CO/RSM and some 32 CBG HQ positions (and also extensions into those positions). The BFT is required within 6 months of the appointment; however, that person then reverts back to the requirements for annual testing.
- d) Deployments: Not required as part of the nomination process, however, personnel will be expected to complete a BFT prior to deployment.
- e) Courses: Some courses require that BFT be done as a prerequisite, this is still the case. Refer to the applicable course training plan or joining instructions to confirm if it is required.

- f) Employment: CMP 20-04 requires that all CF members must meet the physical fitness requirements for the position in which they are to be employed. To satisfy this requirement the CF EXPRESS test will be used.

12. FOREIGN TRAVEL

A new procedure has been implemented since December 2008 in order to ensure DND/CF members are aware of new Defence and Security policies. Henceforth, the new policy from Ottawa requires that all DND/CF members travelling outside Canada to any country other than the U.S. for either duty or non duty travel must submit a Notice of Intent to Travel Form. CFNCIU HQ will review your submission and determine if a formal Defence Security Brief and Debrief (DSB/D) is required. You will be advised whether or not you will need a DSB/D. If so, the nearest CFNCIU Det will be contacted and a DSB/D appointment arranged.

The following links can be used to determine if the country you wish to visit is a scheduled country (Cuba is a scheduled country):

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38B_e.asp

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38A_e.asp

http://vcds.mil.ca/cfpm/pubs/pol-pubs/ndsp/chap38_e.asp

Anyone travelling to a scheduled country is required to complete a notice of intent to travel form and submit it as follows, effective 01 Jan 09, all Notice of Intent to Travel forms directly to the following addresses for processing: (email or fax):

The NEW email is as follows: +CFNCIU CEN@CFNCIU Central Region@Toronto

13. ASSISTANCE BY LEGAL COUNSEL DURING THE GRIEVANCE PROCESS

CANFORGEN 208/09 DGCFGA 009/09 071533Z DEC 09

1. CF Members who wish to submit a grievance may, if they choose to do so, secure legal assistance at their own expense to help them in the process. Recent experience has shown that there is a need for guidance with respect to when and how the Chain of Command and other redress authorities should communicate with these legal advisors during the staffing, analysis and determination phases of the adjudicative process.
2. While there is no Order or Regulation concerning the administration of the CF which requires the Chain of Command or the redress authorities to work through legal advisors in the grievance process, common practice has been to respect the Member's wishes when such a request to the authorities is in writing. This in no way limits the responsibilities and the right of the Chain of Command to look after the administration of the Member. Therefore, the Chain of Command can continue to assist the Grievor and keep him/her advised on the progress of the staffing of the grievance. However, when the essence of the discussion or correspondence goes at the heart of the matter being grieved, any communication with the Grievor should be made through his/her legal representative. If in doubt, contact your Unit/Formation Legal Officer or Maj. Keleher at commercial 613-944-5549, AUTOVON: 944-5549, or at michael.keleher@forces.gc.ca

PART IV – GENERAL INTEREST

14. JOB SEARCH ASSISTANCE SEMINAR

The ASU Toronto Base Personnel Selection Office will be presenting a two day workshop in classroom #7 of the Denison Armouries on 14 & 15 January 2010. In light of present fiscal restraints and the real possible reductions on all Class B Reservist employment, the Area Support Unit Toronto Base Personnel Office is committed to helping those affected to the greatest possible extent, and this includes providing services to those affected which will help them gain civilian employment.

Members must be BMQ qualified to attend this training. This workshop is not available to civilian employees.

Timings: 0815 hrs – 1600 hrs, Denison Armoury, Classroom 7, 1 Yukon Lane

Topics covered will include: Skills & career assessment, resume basics, job search strategy & networking, and interview & negotiation. This program is specifically designed for military personnel. CIVILIAN DRESS AUTHORIZED.

Please register online at <http://www.ipprightfromhome.ca/EventsCalendar/> or by calling 1-888-221-2202. Thirty spots are available. If interest exceeds available spots more sessions will be offered so please register as soon as possible. For details contact the BPSO at loc 633-6200 ext 3754 or 7914.

15. CANADA POST – FREE REGULAR PARCEL SERVICE OVERSEAS

CANFORGEN 163/09 CANOSCOM 040/09 181440Z SEP 09

1. Canada Post will again be providing free regular parcel service for family and friends of deployed Members until 15 Jan 10. Parcels will be delivered free of charge from any Canada Post retail outlet to designated CF bases, where they will be forwarded through the CF postal system to CF Members overseas.
2. Additionally, Canada Post will also continue providing free delivery of letters to deployed troops through 2010.
3. Due to cargo limitations on military flights, this offer is restricted to those operations served by the Belleville Ontario K8N 5W6 address and to any deployed CDN ship.
4. Additional mailing guidelines are available at the Write to the Troops link found at www.forces.gc.ca
5. To ensure the proper customs declaration forms and correct addressing info, all letters and parcels must be deposited at a Canada Post retail outlet. Mail deposited in street letter boxes will not be delivered.

16. HEALTH PROMOTION COURSES IN JANUARY

Health Promotion is offering 2 courses in January, and spaces are limited for both.

A) Alcohol, Other Drug and Gambling Supervisor Training on 13 Jan 2010. This 1 day course now has a COURSE CODE and is MANDATORY for all supervisors (MCpl and up and all Officers). See CANFORGEN 043/09 CMP 019/09 MAR 09 for more information about this education requirement. REGISTRATION DEADLINE: 7 JANUARY, 2010.

B) ASIST: Applied Suicide Intervention Skills Training on 25/26 Jan 2010. This two (2) day workshop developed by Livingworks™ is regarded as the premier suicide intervention skills training in the world. The skills you learn could help save a life.

For either course please call ext 3731 to register or check our website for more info. http://armyonline.kingston.mil.ca/LFCA/143000440032205/UPCOMING_COURSES_DEC0.DOC

17. BUYING BACK PENSIONABLE TIME (UPDATED)

IMPORTANT: Any soldier to who would like to buy back pensionable time prior to April 2007 must do so no later than 28 February 2010.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.ASP?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDECAT\(EQUAL SIGN\)15](http://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT(UNDERSCORE)E.ASP?SIDESECTION(EQUAL SIGN)4(AMPERSAND)SIDECAT(EQUAL SIGN)15)

18. WEIGHT ROOM POLICY

All users are requested NOT TO REMOVE any weight plates, dumbbells, or other equipment from the fitness rooms, except to the drill hall floor for training. On various occasions, users have 'borrowed' weight plates for marching and personal use and pieces do not return. These weights are not replaced easily. Thank you for leaving weights where they belong.

19. JTF2 ASSAULTER SELECTION

Please be advised that henceforth, JTF2 will now be conducting Assaulter Selection during the Apr - May timeframe (exact dates TBA) vice Oct-Nov. The Special Operations Assaulter Course (SOAC) will also now be held from Sep to Jun of the following year. The first spring selection serial will be held in Apr-May 2010. More details on Assaulter and Coxswain selection to follow.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

20. PROMOTIONS

Capt Potter
MWO Martin
Cpl Ansell
Cpl Brooks, J.
Cpl Goskey
Cpl Kim
Cpl Samuel
Cpl Saraiva
Cpl Zimin

21. DECORATIONS

MCpl De Bartok – Sacrifice Medal
MCpl Kurelo – Sacrifice Medal

22. AWARDS

Major St. Denis – CLS Commendation
Capt Stewart – TFK Commendation

23. RELEASES

Nil.

24. TRANSFERS/POSTINGS – IN

Cpl Dupee – 3 RCR

25. TRANSFERS – OUT

Nil

26. ATTACHED POSTED – IN

Sgt McCulley

27. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS

J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 03/10

03 Mar 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

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PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

03 Mar 10	Coy Trg	MPA /Dalton	All	Basic Para PT Test for April course.
06 Mar 10	Garrison Ball	MTCC	Band/ Skirmishers, Offr's	QOR Hosting, Capt Foulds OPI
10 Mar 10	Coy Trg	MPA /Dalton	All	
14 Mar 10	St Paddy's Parade	Toronto	Band	TBC – Op Connect Funded
17 Mar 10	Coy Trg	MPA /Dalton	All	
24 Mar 10	CO's Parade	MPA	All	RSM to conduct show parade and drill practice.
26-28 Mar 10	EX ORDERED STEP	BORDEN	All	Domops prep for cadence. 1 PI required plus 6 roleplayers.
27 Mar 10	Sgt Mess Dinner	TBC	Band	6 pers only
31 Mar 10	Capt's of Ind Dinner	Denison	Band/ Skirmishers	TBC – LFCA funded
31 Mar 10	Coy Trg	MPA /Dalton	All	
07 Apr 10	Coy Trg	MPA /Dalton	All	
14 Apr 10	Coy Trg	MPA /Dalton	All	
16–18 Apr 10	Ex Able Warrior 1	Meaford	Trg Gp	All pers must attend either AW 1 or 2
21 Apr 10	Coy Trg	MPA /Dalton	All	
25 Apr 10	150 th Parade	MPA	All	March to St Pauls
28 Apr 10	Coy Trg	MPA /Dalton	All	
05 May 10	Coy Trg	MPA /Dalton	All	
08 May 10	VE+65 Event	Denison	Band	TBC – PoS funded
07-09 May 10	Ex Able Warrior 2	Meaford	Trg Gp	
12 May 10	Coy Trg	MPA /Dalton	All	
19 May 10	Coy Trg	MPA /Dalton	All	
26 May 10	Coy Trg	MPA /Dalton	All	
02 Jun 10	Coy Trg	MPA /Dalton	All	
06-26 Jun 10	OP CADENCE	TBC	All	
09 Jun 10	Coy Trg	MPA /Dalton	All	
16 Jun 10	Stand Down	MPA	All	March to Legion

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

Cpl	Alonso	C	TF 3-10
Sgt	Behan	B	QOR OF C
Lt	Beindorff	B	LFCA Toronto
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brisbane	B	CFLAWC Trenton
Cpl	Brown	B	QOR OF C
Sgt	Burns	B/A	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	B	LFCA HQ
MCpl	Chen	C	TF 3-10
Sgt	Chin-Leung	B	PRL - CFLAWC
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Sgt	Demaine	B	ST Jean
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
Cpl	Hinds	C	TF AFG
MCpl	Hing	B	QOR OF C
Sgt	Hood	B	Battle School
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B	QOR OF C
MCpl	Milrod	B	CFLAWC Trenton
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Shim	C	TF 3-10
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B	QOR OF C
MCpl	Thomas	B	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Lachaine	C	TForce
Capt	Lee	C	TF 3-10
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

2Lt Mackintosh
Pte (B) Antonopoulos
Cpl Gunn
MCpl Reavie

4. NES:

Cpl Alias	Pte (B) Canonigo	MCpl Atkins
Cpl Choe	Rfn Zupo	Pte(T) Niezgoda
Cpl De Silva	Cpl Wong	Cpl Hiseley
Cpl Fung	Pte Gerassimik	Cpl Steiger
Cpl Hong	Cpl Kloc	Rfn Thai
Rfn Yu	Rfn Chao	Cpl Ibrahim
Cpl Lee	Rfn McNevin	Cpl Middleton
Pte (T) Peterdy	Cpl Strachan	Rfn Taylor
Rfn Choy	Rfn Quijada-Del-Cid	Pte (T) Crandall
Cpl Danek	Cpl Faduck	Cpl Grains
Sgt Henry	Pte(T) Scott	

5. PRL:

Lt Burton	Cpl McGibbon (Julie)
Cpl Bollers	Cpl Cook
Pte Monteiro	Rfn Franchi
Cpl Hogg	Pte (B) Durkalec
Rfn Zhou	Cpl Kouprine
Rfn Matecki	Cpl Lynch
Rfn Ott	Pte (B) Guy
Pte (B) Padrad	Pte (B) Tai
MCpl Huh	Rfn McFarlane
Rfn Slade	Rfn Mahmood
Cpl Ton	Cpl Jimenez
Cpl Wilson	Pte (B) Wu
Cpl White	

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

03-Mar-10	Lt	Dar Ali
10-Mar-10	Capt	Kaipio
17-Mar-10	Capt	Foulds
24-Mar-10	2Lt	Newlands
31-Mar-10	2Lt	Chrzan
7-Apr-10	Lt	Mantle
14-Apr-10	2Lt	Mackintosh

Duty Sgt/MCpl

03-Mar-10	WO	O'Halloran	MCpl	Reavie
10-Mar-10	Sgt	McCauley	MCpl	Semenovych
17-Mar-10	Sgt	Kohler	MCpl	Thomas
24-Mar-10	Sgt	Paton	MCpl	Tremblay
31-Mar-10	Sgt	Shikhman	MCpl	Watkins
7-Apr-10	WO	Thorn	MCpl	Wolf
14-Apr-10	Sgt	Wilson	MCpl	Abate

FTUC Gate Duty List

03-Mar-10	MCpl	Abate
10-Mar-10	Cpl	Brown
17-Mar-10	Cpl	Dupee
24-Mar-10	MCpl	Thomas
31-Mar-10	MCpl	Abate
7-Apr-10	Cpl	Brown
14-Apr-10	Cpl	Dupee

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.

- After completing the building checks, the DO will ensure that all eqpt keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate in the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

03-Mar-10	MCpl	Ezmenari	Chudwudi
10-Mar-10	MCpl	Silva	Shane
17-Mar-10	MCpl	Kurelo	Rick
24-Mar-10	MCpl	Chiu	Ric
31-Mar-10	MCpl	Kiss	Allan
7-Apr-10	MCpl	Palma	Mark
14-Apr-10	MCpl	Ezmenari	Chudwudi

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- The ID checker can be yourself, someone you assign, or a member of the orderly room staff if available. You must ensure that the person is properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocdt-Lt are eligible for duty.

- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Maj Champion
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj Champion
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adj) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Meerberg
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harmes
Mbr	Lt Moody
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj Champion
Secy	(Adj) Capt Stewart
Mbr	(OC Para) Capt Harmes
Mbr	Lt Moody
<u>PERSONNEL SUPPORT PROGRAMS</u>	
NPF Board	
Chair	Lt Mantle
Mbr	2Lt Mackintosh
Mbr	OCdt Mehmood
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee - Dalton Armoury Mess	
PMC	MCpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj Champion
A Safe O	Capt Hicks
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo

HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	TBA
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>MATERIAL</u>	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Maj Champion
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	MWO Martin
Maj Champion	MWO Shannon
Capt A Harmes	WO Parris
Capt D Harmes	WO Thorn
Capt Stewart	WO O'Halloran
Capt Kaipio	Sgt Burns
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Meerburg	Sgt Behan
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Shikhman
Capt Kotscha	Sgt Wilson
Lt Stewart	Sgt Halcro
CWO Kelly	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj Champion
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Rfn Saraiva

Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

10. QOR SESQUICENTENNIAL HRH COLONEL-IN-CHIEF EVENTS (APR 2010)

Friday, April 23rd

1800hrs-2400hrs, Moss Park Armoury: A "Meet & Greet" will be held on the parade square at Moss Park Armoury for those that have purchased the all-inclusive weekend package. Parking will be very limited, so why not take the shuttle bus to and from the Westin Harbour Castle. Buses will start running at 1745hrs from the Westin and will run continuously until the close of the event at 2400hrs.

Saturday, April 24th

0700hrs-1000hrs, Westin Harbour Castle, Frontenac Ballroom: Buffet breakfast will be served to those who have purchased the all-inclusive weekend package.

1000hrs-1600hrs: For those that purchase the all-inclusive weekend package, bus tours will commence at 1000hrs from the foyer located just outside the Frontenac Ballroom. The buses will run continuously throughout the day with stops at Casa Loma to tour the castle and visit our Regimental Museum. Next stop will be Moss Park Armoury for a guided tour of all four of the Queen's Own Messes (Officer's, Sergeant's, Jr. Rank's and Bugler's Mess).

The Queen's Own Rifles of Canada Sesquicentennial Ball

1800hrs-1930hrs, Westin Harbour Castle, Frontenac Ballroom: Pre-dinner cocktail reception for all ticket holders.

1930hrs-2230hrs, Westin Harbour Castle, Metro Ballroom: The Queen's Own Rifles of Canada Sesquicentennial Dinner. HRH Princess Alexandra will be in attendance and the guest speaker for the evening is MGen Lewis Mackenzie. Dinner music will be provided by The Queen's Own Rifles Dinner Band.

Sunday, April 25th

1015hrs-1300hrs, St. Paul's Church Parade: All members must be at MPA at 0900 for a regimental parade in honour of HRH The Colonel in Chief Princess Alexandra.

1300hrs-1500hrs, Moss Park Armoury: A Family Reception will be held on the parade square of Moss Park Armoury where HRH Princess Alexandra will visit the Regimental Family. Refreshments and sandwiches will be served free of charge.

11. NO VOLUNTARY, UNPAID RESERVISTS TO PARADE

Some reservists have volunteered their service to go unpaid in order to alleviate their unit costs. IAW Comd LFCA direction dated 15 Jan 2010, Reserve Force personnel will not be permitted to parade on a voluntary, unpaid basis. This will not be tolerated by any level of the CoC.

This practice, while a perfect example of the dedication and devotion to duty that our reservists continue to display in these difficult times, is an unacceptable risk for both the member and the CF.

Simply put, this practice would place the member in a position where they would not be protected from many of the liabilities inherent in our duties as soldiers. Further, it would set an unwanted precedent that poses not only legal concerns, but also employment and

perception issues. The "voluntary" aspect of Reserve service is a founding principle, however it does not allow for service without remuneration.

12. ASSISTANCE BY LEGAL COUNSEL DURING THE GRIEVANCE PROCESS

CANFORGEN 208/09

1. CF Members who wish to submit a grievance may, if they choose to do so, secure legal assistance at their own expense to help them in the process. Recent experience has shown that there is a need for guidance with respect to when and how the Chain of Command and other redress authorities should communicate with these legal advisors during the staffing, analysis and determination phases of the adjudicative process.
2. While there is no Order or Regulation concerning the administration of the CF which requires the Chain of Command or the redress authorities to work through legal advisors in the grievance process, common practice has been to respect the Member's wishes when such a request to the authorities is in writing. This in no way limits the responsibilities and the right of the Chain of Command to look after the administration of the Member. Therefore, the Chain of Command can continue to assist the Grievor and keep him/her advised on the progress of the staffing of the grievance. However, when the essence of the discussion or correspondence goes at the heart of the matter being grieved, any communication with the Grievor should be made through his/her legal representative. If in doubt, contact your Unit/Formation Legal Officer or Maj. Keleher at commercial 613-944-5549, AUTOVON: 944-5549, or at michael.keleher@forces.gc.ca

13. NO USE OF MPA FIRE EXTINGUISHERS FOR TRAINING PURPOSES

The use of MPA fire extinguishers for training purposes is an unacceptable practice and could result in criminal charges. Extinguishers mounted on the wall are required for protection of the building and may not be used for anything other than fighting fires.

Hands-on training with use of the extinguisher simulator by the Chief Fire Inspector can be arranged through the chain of command. If units wish to provide their own training, the Chief Fire Inspector recommends showing an extinguisher with an explanation, its characteristics and use one of the various videos that can be found on-line to show an actual discharge.

Open fires are not allowed on DND property without going through the Chief Fire Inspector and the approval of the CO ASU Toronto.

14. CLOSE PROTECTION (CP) RECRUITING CAMPAIGN

CANFORGEN 008/10

Recruiting is underway for Close Protection employment. Suitable candidates will possess a very unique set of attributes and therefore a CP Assessment Centre (CPAC) will be held in Apr 2010 to screen applicants. The application deadline is 26 Mar 10. The first serial is scheduled to begin 10 May 10. Successful graduates may be tasked as a CP operator in Sep 2010 and deployed in early 2011.

To be eligible, potential candidates must meet the following criteria: a) Reg or Res Mbr of the rank Cpl to Sgt or Capt and below; b) MOS ID qualified; c) Min security clearance Lvl II (upgrade can be done when applying) d) Must not have a criminal record e) must have a valid driver's license, DND 404 up to date and 416 will be required for training and deployment; f) personal readiness verification green; g) must be proficient in firearms and will be required to pass the MP SIG SAUER P225 and the C-8 CARBINE wpn qualification standards; h) possess or be eligible for a Canadian passport; i) be available for a six-month deployment during a 3-year liability period. For reserve force personnel this does not guarantee a reserve force employment contract.

The application form is available in the BOR. Questions regarding the screening and selection process should be directed to the Coord Cell at 613-949-1145. Info may also be found on the CFPM website.

PART IV – GENERAL INTEREST

15. SECOND CAREER ASSISTANCE NETWORK (SCAN) SEMINAR

When: 06-08 Apr 10, **Where:** Denison Armoury, **Who:** Any member can attend

This will be a two-part Second Career Assistance Network (SCAN) seminar. Day 1 and 2 will cover topics applicable to all releasing CF members. Day 3 will be tailored to those persons who are releasing medically. (all member welcome to attend all three days). It is recommended that military members attend a SCAN seminar at the beginning of one's career and more frequently as they approach their release date. The seminar schedule will not be distributed prior to the seminar.:

<http://fcms.kingston.mil.ca/Default.aspx?sectionid=143000440034131&type=D>

16. THE QOR OF C ASSOC. EDUCATIONAL BURSARY PROGRAM

The Association is establishing a Bursary Program supporting education for members of the Regimental family. Funding for the program will be provided by donations from the Trust, members, Branches and such other means as determined by the Association. The intent is to provide financial support for serving Regimental personnel and the children, grandchildren and other relatives of members of both serving personnel and members of the Association. Applications for the bursary from the public, particularly Cadets, are welcome but preference will be given to those with demonstrated Regimental connections. The first bursaries will be awarded during 2010 celebrations of The Sesquicentennial Year of the Regiment.

Eligibility: Only applicants attending, or planning to attend, accredited institutions are eligible for consideration. These institutions are generally described as post secondary, leading to a University degree or a Community College diploma.

Adjudication Process: The Bursary Program is for academic development only and applications will be judged on the following criteria:

- a. Past academic achievements and demonstrated competence.
- b. Ability to study and potential for finishing course program successfully.
- c. Relevance of the proposed study program to academic advancement.

The complete package in an envelope clearly marked "BURSARY APPLICATION" will be mailed to the address below by 15 March in the year of the application:

Secretary, The QOR of C National Association,
Regimental Headquarters,
Moss Park Armoury,
130 Queen Street, East,
Toronto, ON. M5A 1R9.

This information package will be available in due course for years other than 2010 at the Website – "The Rifleman Online -- The QOR of C".

17. TAX RELIEF – REASSESSMENT PROCESS FOR CF MEMBERS WHO HAVE BEEN DEPLOYED ON HIGH RISK MISSIONS

CANFORGEN 159/09

1. In 2007 Canada Revenue Agency (CRA) provided clarification on tax deductions for CF Members deployed outside of Canada on high risk missions. This necessitated the amending of several T4 slips (2004-2006) issued to members who were on such deployments.
2. DND filed amended T4 slips with CRA, meaning that individual Members will not have to re-file amended returns. Instead CRA will process these amended T4 which should result in tax refunds for most affected Members.
3. Should these amended T4s result in any additional tax owing, Members may apply for the interest to be waived. More information is available directly from the CRA at 1-888-863-8657 between 08:00 and 20:00, Monday – Friday.
4. Members who have not filed tax returns for these years must request an amended T4 through their pay office, and will have to file their taxes directly with the CRA.

5. Questions regarding an individual notice of reassessment can be addressed to the CRA's Individual Income Tax Enquiries at 1-800-959-8281 between 08:15 to 17:00, Monday to Friday.

18. HOTEL RATES FOR QOR 150th ANNIVERSARY EVENTS

The following is recent Hotel Rate information from the Westin Harbour Castle (1 Harbour Square, Toronto) for the QOR 150th anniversary events taking place April 23-24, 2010.

- The rate for serving members is \$149 per night. Canadian Federal Govt (Military) ID required. Members should ask for the "Federal Government Employee Rate."
- The QOR rate is \$209 a night if you book Friday and Sat 23/24 Apr 10.
- Some regular priced rooms are also still available for Sat 24 Apr 10 only at \$183.

More information can be obtained from the Westin Harbour Castle directly at 416-869-1600

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

19. PROMOTIONS

Nil

20. DECORATIONS

Nil

21. AWARDS

Nil

22. RELEASES

Pte Padrad
Rfn McFarlane
Pte Tai

23. TRANSFERS/POSTINGS – IN

Cpl Dupee – 3 RCR

24. TRANSFERS – OUT

Nil

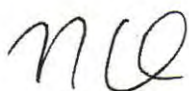
25. ATTACHED POSTED – IN

Nil

26. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 03/10 (S/b 04/10)

14 Apr 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

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23. TRANSFERS IN
24. TRANSFERS OUT
25. ATTACHED POSTED IN
26. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

07 Apr 10	Coy Trg	MPA /Dalton	All	
14 Apr 10	Coy Trg	MPA /Dalton	All	
16-18 Apr 10	Ex Able Warrior 1	Meaford	Trg Gp	All pers must attend either AW 1 or 2
21 Apr 10	Coy Trg	MPA /Dalton	All	
25 Apr 10	150 th Parade	MPA	All	March to St Pauls
28 Apr 10	Coy Trg	MPA /Dalton	All	
05 May 10	Coy Trg	MPA /Dalton	All	
08 May 10	VE+65 Event	Denison	Band	TBC – PoS funded
07-09 May 10	Ex Able Warrior 2	Meaford	Trg Gp	
12 May 10	Coy Trg	MPA /Dalton	All	
19 May 10	Coy Trg	MPA /Dalton	All	
26 May 10	Coy Trg	MPA /Dalton	All	
02 Jun 10	Coy Trg	MPA /Dalton	All	
06-26 Jun 10	OP CADENCE	TBC	All	
09 Jun 10	Coy Trg	MPA /Dalton	All	
16 Jun 10	Stand Down	MPA	All	March to Legion

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

Cpl	Alonso	C	TF 3-10
Sgt	Behan	B	QOR OF C
Lt	Beindorff	B	LFCA Toronto
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brisbane	B	CFLAWC Trenton
Cpl	Brown	B	QOR OF C
Sgt	Burns	B/A	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	B	LFCA HQ
MCpl	Chen	C	TF 3-10
Sgt	Chin-Leung	B	PRL - CFLAWC
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Sgt	Demaine	B	ST Jean
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
Cpl	Hinds	C	TF AFG
MCpl	Hing	B	QOR OF C
Sgt	Hood	B	Battle School
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B	QOR OF C
Mcpl	Milrod	B	CFLAWC Trenton

Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Shim	C	TF 3-10
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B	QOR OF C
MCpl	Thomas	B	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Lachaine	C	TForce
Capt	Lee	C	TF 3-10
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

2Lt Mackintosh
Pte (B) Antonopoulos
Cpl Gunn
MCpl Reavie

4. NES:

Pte(B) Costales	Pte (B) Canonigo	MCpl Atkins
Cpl Choe	Rfn Zupo	Pte(T) Niezgoda
Pte(T) Scott	Cpl Wong	Pte(T) Mahmood
Cpl Fung	Pte Gerassimik	Cpl Steiger
Pte(B) Zhang	Cpl Kloc	Sgt Henry
Rfn Yu	Rfn Chao	Cpl Ibrahim
Cpl Lee	Pte(T) Kabiliravi	Cpl Faduck
Pte (T) Peterdy	Pte(T) Balta	Rfn Taylor
Cpl Windover	Rfn Quijada-Del-Cid	Pte (T) Crandall

5. PRL:

Lt Burton	Cpl McGibbon (Julie)
Cpl Bollers	Cpl Cook
Pte Monteiro	Rfn Franchi
Cpl Hogg	Pte (B) Durkalec
Rfn Zhou	Cpl Kouprine
Rfn Matecki	Cpl Lynch
Rfn Ott	Pte (B) Guy
Pte (B) Paddrad	Pte (B) Tai
MCpl Huh	Rfn McFarlane
Rfn Slade	Rfn Mahmood
Cpl Ton	Cpl Jimenez
Cpl Wilson	Pte (B) Wu
Cpl White	

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

7-Apr-10	Lt	Mantle
14-Apr-10	2Lt	Chrzan
21-Apr-10	Lt	Dar Ali
28-Apr-10	Capt	Kaipio
5-May-10	Capt	Foulds
12-May-10	2Lt	Newlands
19-May-10	2Lt	Chrzan

Duty Sgt/MCpl

7-Apr-10	WO	Thorn	MCpl	Wolf
14-Apr-10	Sgt	Wilson	MCpl	Abate
21-Apr-10	WO	Behan	MCpl	Charlebois

28-Apr-10	Sgt	Burns	MCpl	Chui
5-May-10	Sgt	Hood	MCpl	Johnston
12-May-10	Sgt	Green	MCpl	Leader
19-May-10	Sgt	Hodgson	MCpl	MacMillan

FTUC Gate Duty List

7-Apr-10	Cpl	Brown
14-Apr-10	Cpl	Dupee
21-Apr-10	MCpl	Thomas
28-Apr-10	Cpl	Abate
5-May-10	Cpl	Brown
12-May-10	MCpl	Dupee
19-May-10	MCpl	Thomas

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate in the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.

- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

14-Apr-10	MCpl	Ezmenari	Chudwudi
21-Apr-10	MCpl	Silva	Shane
28-Apr-10	MCpl	Kurelo	Rick
5-May-10	MCpl	Chiu	Ric
12-May-10	MCpl	Kiss	Allan
19-May-10	MCpl	Palma	Mark

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- The ID checker can be yourself, someone you assign, or a member of the orderly room staff if available. You must ensure that the person is properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Maj Champion
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj Champion
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adj) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Meerberg
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harmes
Mbr	Lt Moody
Mbr	MWO Martin

Officer Selection Board	
Chair	(DCO) Maj Champion
Secy	(Adj't) Capt Stewart
Mbr	(OC Para) Capt Harmes
Mbr	Lt Moody
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	Lt Mantle
Mbr	2Lt Mackintosh
Mbr	OCdt Mehmood
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee - Dalton Armoury Mess	
PMC	MCpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
HEALTH AND SAFETY	
General Safety Committee	
Chair	Maj Champion
A Safe O	Capt Hicks
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	TBA
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
MATERIAL	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Maj Champion
COMMS	
Comms	
Sigs NCO	Sgt Green
PUBLIC AFFAIRS	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
HISTORICAL MATTERS	
Historical Matters	
History Officer	CWO Kelly
RANGE SAFETY OFFICERS	
Range Safety Officers	
LCol Fotheringham	MWO Martin
Maj Champion	MWO Shannon
Capt A Harmes	WO Parris
Capt D Harmes	WO Thorn

Capt Farrant	V O'Halloran
Capt Campio	Sgt Burns
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Meerburg	Sgt Behan
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Shikhman
Capt Kotscha	Sgt Wilson
Lt Stewart	Sgt Halcro
CWO Kelly	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj Champion
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Rfn Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

10. **QOR SESQUICENTENNIAL HRH COLONEL-IN-CHIEF EVENTS (APR 2010)**

Friday, April 23rd

1800hrs-2400hrs, Moss Park Armoury: A "Meet & Greet" will be held on the parade square at Moss Park Armoury for those that have purchased the all-inclusive weekend package. Parking will be very limited, so why not take the shuttle bus to and from the Westin Harbour Castle? Buses will start running at 1745hrs from the Westin and will run continuously until the close of the event at 2400hrs.

Saturday, April 24th

0700hrs-1000hrs, Westin Harbour Castle, Frontenac Ballroom: Buffet breakfast will be served to those who have purchased the all-inclusive weekend package.

1000hrs-1600hrs: For those that purchase the all-inclusive weekend package, bus tours will commence at 1000hrs from the foyer located just outside the Frontenac Ballroom. The buses will run continuously throughout the day with stops at Casa Loma to tour the castle and visit our Regimental Museum. Next stop will be Moss Park Armoury for a guided tour of all four of the Queen's Own Messes (Officer's, Sergeant's, Jr. Rank's and Bugler's Mess).

The Queen's Own Rifles of Canada Sesquicentennial Ball

1800hrs-1930hrs, Westin Harbour Castle, Frontenac Ballroom: Pre-dinner cocktail reception for all ticket holders.

1930hrs-2230hrs, Westin Harbour Castle, Metro Ballroom: The Queen's Own Rifles of Canada Sesquicentennial Dinner. HRH Princess Alexandra will be in attendance and the guest speaker for the evening is MGen Lewis Mackenzie. Dinner music will be provided by The Queen's Own Rifles Dinner Band.

Sunday, April 25th

1015hrs-1300hrs, St. Paul's Church Parade: All members must be at MPA at 0900 for a regimental parade in honour of HRH The Colonel in Chief Princess Alexandra.

1300hrs-1500hrs, Moss Park Armoury: A Family Reception will be held on the parade square of Moss Park Armoury where HRH Princess Alexandra will visit the Regimental Family. Refreshments and sandwiches will be served free of charge.

11. MANDATORY ALCOHOL, OTHER DRUGS AND GAMBLING SUPERVISOR TRAINING

Health Promotion is offering Alcohol, Other Drugs and Gambling Supervisor Training on 27-28 April 2010. This 1.5 days course now has a COURSE CODE and is MANDATORY for all supervisors (MCpl and up and all Officers). See CANFORGEN 043/09 CMP 019/09 MAR 09 for more information about this education requirement. REGISTRATION DEADLINE: 21 April, 2010.

PART IV – GENERAL INTEREST

12. HOTEL RATES FOR QOR 150th ANNIVERSARY EVENTS

The following is recent Hotel Rate information from the Westin Harbour Castle (1 Harbour Square, Toronto) for the QOR 150th anniversary events taking place April 23-24, 2010.

- The rate for serving members is \$149 per night. Canadian Federal Govt (Military) ID required. Members should ask for the "Federal Government Employee Rate."
- The QOR rate is \$209 a night if you book Friday and Sat 23/24 Apr 10.
- Some regular priced rooms are also still available for Sat 24 Apr 10 only at \$183.

More information can be obtained from the Westin Harbour Castle directly at 416-869-1600

13. ASU TORONTO SERVICE REDUCTION & NEW HOURS

ASU Clothing Stores hours as of 01 Apr 10. Effectively:

- 1) Monday - Closed
- 2) Tuesday - 0900hrs to 1500hrs
- 3) Wednesday - 0900hrs to 1500hrs
- 4) Thursday - 1300hrs to 2100hrs
- 5) Friday - Closed

14. TAX RELIEF – REASSESSMENT PROCESS FOR CF MEMBERS WHO HAVE BEEN DEPLOYED ON HIGH RISK MISSIONS

CANFORGEN 159/09

1. In 2007 Canada Revenue Agency (CRA) provided clarification on tax deductions for CF Members deployed outside of Canada on high risk missions. This necessitated the amending of several T4 slips (2004-2006) issued to members who were on such deployments.
2. DND filed amended T4 slips with CRA, meaning that individual Members will not have to re-file amended returns. Instead CRA will process these amended T4 which should result in tax refunds for most affected Members.

3. Should these amended T4s result in any additional tax owing, Members may apply for the interest to be waived. More information is available directly from the CRA at 1-888-863-8657 between 08:00 and 20:00, Monday – Friday.
4. Members who have not filed tax returns for these years must request an amended T4 through their pay office, and will have to file their taxes directly with the CRA.
5. Questions regarding an individual notice of reassessment can be addressed to the CRA's Individual Income Tax Enquiries at 1-800-959-8281 between 08:15 to 17:00, Monday to Friday.

15. NEW CUSTOMER SERVICE DESK HOURS

Effective 01 April 2010, the Customer Service Desk (CSD) in Petawawa is manned 0700 hrs - 1800 hrs Monday to Friday only. Work orders for problems with phones, computers or printers can be opened by sending an e-mail to +Service Desk@2 ASG Sig Sqn@Petawawa. During working hours the CSD can still be called at ext 7447.

16. NEW OVERSEAS RECOGNITION FRAMEWORK

CANFORGEN 066/10 CMP 030/10 171715Z MAR 10

1. A major review was undertaken to simplify and standardize overseas services recognitions for CF Members.
2. The Government of Canada has approved a new overseas recognition framework.
 - a. Recognition will now be theatre based rather than mission specific. This means that all service in a designated theatre which is not recognized by another medal (such as UN or NATO) will be eligible for recognition.
 - b. Overseas services will now be recognized with a distinct ribbon for each separate theatre on the GCS and GSM rather than with the current system of bars indicating missions (such as "Allied Force" and "ISAF"). This will reflect a "one medal different ribbon" approach.
 - c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
 - d. Multiple tours in the same theatre will be recognized. Recipients of the SWASM with Afghanistan Bar, the GCS and the GSM may be eligible for new multiple rotation recognition in the form of rotation bars. Rotation bars will be award for each additional period of 180 days of eligible service following medal qualification (30 days).
3. Details on the new ribbons, rotation bars and their wearing, as well as full eligibility lists, may be found at: [HTTP://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME\(UNDERSCORE\)E.ASP](http://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME(UNDERSCORE)E.ASP)

17. CHANGES TO THE CLOTHING ONLINE POINT SYSTEM

CANFORGEN 077/10 ADM MAT 03/10 301346Z MAR 10

In order to improve the management of clothing online and utilize departmental financial resources efficiently, the annual allocation of points for the clothing online system has been adjusted as follows:

- a. Tier 1 (DEU) Members reduced from 600 to 500 points of which 200 will be allocated 1 April and the residual 300 allocated 1 October. Tier 2 Members will remain at 200 points.
- b. The maximum number of points that can be carried forward into the next fiscal year will be 300.
- c. The maximum annual order quantities for some clothing items have been reduced and others will have a minimum duration before reordering is permitted. Requests for exceptions should be made to DSSPM 2-C7 Mr. Richard Lepage richard.lepage@forces.gc.ca

18. SPORTS

1) CF REGIONAL BADMINTON/SQUASH CHAMPIONSHIP (PETAWAWA):

http://armyonline.kingston.mil.ca/LFCA/143000440032875/INTENT_TO_ENTER_BADM.
DOC Contact FS&R Coordinator for assistance if interested, local 3788

2) CF REGIONAL BALL HOCKEY INTEREST:

The 2010 ball hockey season is just around the corner. Toronto Garrison Ball Hockey team is currently looking for players to play in the upcoming CF Regional Championships held in CFB Borden (Date TBC). For more information, please contact Captain M.K. Ritchie. Michael.Ritchie@forces.gc.ca

3) CF REGIONAL SLO-PITCH (MEN'S) INTEREST:

The 2010 Slo-Pitch season is just around the corner. Toronto Garrison Men's Slo-Pitch team is currently looking for players to play in the upcoming CF Regional Championships held in CFB Petawawa (August 2010). For more information, please contact MCpl Doug Vienneau, doug.vienneau@forces.gc.ca
http://armyonline.kingston.mil.ca/LFCA/143000440032887/LOBBALL_POSTER_2010.PPT

4) TORONTO GARRISON REGIONAL SOCCER TEAM TRYOUTS:

Tryouts will be starting middle of April 2010. The Regional Championship will be 22-27 August 2010 at CFB/ASU Kingston. In order to start preparing for the team and scheduling exhibition games against Borden, North Bay, Kingston and Trenton, I will need you to participate and help the team out. In 2009, the team made it to the Semi-Finals and made great progress. Contact Capt Leo Finelli, local 5121 for more information.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

19. PROMOTIONS

Nil

20. DECORATIONS

Nil

21. AWARDS

Nil

22. RELEASES

Nil

23. TRANSFERS/POSTINGS - IN

Cpl Dupee - 3 RCR

24. TRANSFERS - OUT

Nil

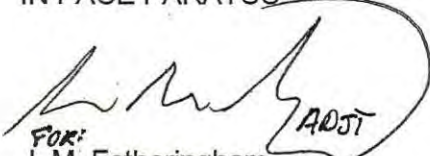
25. ATTACHED POSTED - IN

Nil

26. ATTACHED POSTED - OUT

Nil

IN PACE PARATUS


For:
J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 05/10 05 May 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I **CALENDAR OF EVENTS**

1. TRAINING CALENDAR
2. FTUC LEAVE, TASKINGS, ROTO, COURSES
3. EXEMPT DRILL & TRAINING
4. NON-EFFECTIVE STRENGTH
5. PENDING RELEASE

PART II **DUTIES AND APPOINTMENTS**

6. DUTY PERS MOSS PARK ARMOURY
7. DUTY PERS DALTON ARMOURY
8. SECONDARY DUTIES LIST
9. AUTHORITY TO WEAR THE MAROON BERET

PART III **CURRENT ITEMS**

10. CONDUCT OF TRAINING WITH AIRSOFT WEAPONS

PART IV **GENERAL INTEREST**

11. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
12. ASU TORONTO SERVICE REDUCTION & NEW HOURS
13. TAX RELIEF – REASSESSMENT PROCESS FOR CF MEMBERS WHO HAVE BEEN DEPLOYED ON HIGH RISK MISSIONS
14. NEW CUSTOMER SERVICE DESK HOURS
15. NEW OVERSEAS RECOGNITION FRAMEWORK
16. CHANGES TO THE CLOTHING ONLINE POINT SYSTEM
17. SPORTS

PART V **PROMOTIONS - DECORATIONS – RELEASES - TRANSFERS**

18. PROMOTIONS
19. DECORATIONS
20. AWARDS
21. RELEASES
22. TRANSFERS IN
23. TRANSFERS OUT
24. ATTACHED POSTED IN
25. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

08 May 10	VE+65 Event	Denison	Band	TBC – PoS funded
07-09 May 10	Ex Able Warrior 2	Meaford	Trg Gp	
12 May 10	Coy Trg	MPA /Dalton	All	
19 May 10	Coy Trg	MPA /Dalton	All	
26 May 10	Coy Trg	MPA /Dalton	All	
02 Jun 10	Coy Trg	MPA /Dalton	All	
06-26 Jun 10	OP CADENCE	TBC	All	
09 Jun 10	Stand Down	MPA	All	March to Legion

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

Cpl	Alonso	C	TF 3-10
LCol	Banerjee	C	TF Afg
Sgt	Behan	B	QOR OF C
Lt	Beindorff	B	LFCA Toronto
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brisbane	B	CFLAWC Trenton
Cpl	Brown	B	QOR OF C
Sgt	Burns	B/A	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	C	TF Afg
MCpl	Chen	C	TF 3-10
Sgt	Chin-Leung	B	PRL - CFLAWC
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Sgt	Demaine	B	ST Jean
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
Cpl	Hinds	C	TF AFG
MCpl	Hing	B	QOR OF C
Sgt	Hood	B	Battle School
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lachaine	C	TF Afg
Cpl	Lavery	C	TF 3-10
Capt	Lee	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B	QOR OF C
Mcpl	Milrod	B	CFLAWC Trenton
Capt	Moyer	B	Psyops Toronto
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Shim	C	TF 3-10
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B	QOR OF C
MCpl	Thomas	B	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

Cpl Boughton-Flynn
MCpl Overholt
Cpl Grains
MCpl Reavie

4. NES:

Pte(B) Costales	Pte (B) Canonigo	MCpl Atkins
Cpl Choe	Rfn Zupo	Pte(T) Niezgoda
Pte(T) Scott	Cpl Wong	Rfn Taylor
Cpl Fung	Pte Gerassimik	Cpl Steiger
Pte(B) Zhang	Cpl Kloc	Sgt Henry
Rfn Yu	Rfn Chao	Cpl Ibrahim
Cpl Lee	Pte(T) Kabiliravi	Cpl Faduck
Pte (T) Peterdy	Pte(T) Balta	
Pte (T) Crandall		

5. PRL:

Lt Burton	Cpl McGibbon (Julie)	Rfn Quijada-Del-Cid
Cpl Bollers	Cpl Cook	Rfn McNevin
Pte Monteiro	Rfn Franchi	Cpl Jimenez
Cpl Hogg	Pte (B) Durkalec	Pte (B) Wu
Rfn Zhou	Cpl Kouprine	Cpl Windover
Rfn Matecki	Cpl Lynch	Cpl Ton
Rfn Ott	Pte (B) Guy	Cpl Wilson
Pte (B) Padrad	Pte (B) Tai	Cpl White
MCpl Huh	Rfn McFarlane	Rfn Mahmood
Rfn Slade		

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

5-May-10	Capt	Foulds
12-May-10	2Lt	Newlands
19-May-10	2Lt	Chrzan
25-May-10	Lt	Mantle
2-Jun-10	2Lt	Chrzan
9-Jun-10	Lt	Dar Ali

Duty Sgt/MCpl

5-May-10	Sgt	Hood	MCpl	Johnston
12-May-10	Sgt	Green	MCpl	Leader
19-May-10	Sgt	Hodgson	MCpl	MacMillan
25-May-10	Sgt	Johnston	MCpl	McGibbon
2-Jun-10	Sgt	Kenny	MCpl	McQuaid
9-Jun-10	Sgt	Kohler	MCpl	Chui

FTUC Gate Duty List

5-May-10	Cpl	Brown
12-May-10	MCpl	Dupee
19-May-10	MCpl	Thomas
26-May-10	MCpl	Abate
2-Jun-10	Cpl	Brown
9-Jun-10	MCpl	Dupee

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate in the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

5-May-10	MCpl	Chiu	Ric
12-May-10	MCpl	Kiss	Allan
19-May-10	MCpl	Palma	Mark
26-May-10	MCpl	Ezmenari	Chudwudi
2-Jun-10	MCpl	Silva	Shane
9-Jun-10	MCpl	Kurelo	Rick

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- The ID checker can be yourself, someone you assign, or a member of the orderly room staff if available. You must ensure that the person is properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Maj Champion
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj Champion
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adjt) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Stewart
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harmes
Mbr	Lt Moody
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj Champion
Secy	(Adjt) Capt Stewart
Mbr	(OC Para) Capt Harmes
Mbr	Lt Moody
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	Lt Mantle
Mbr	2Lt Mackintosh
Mbr	OCdt Mehmood
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy

Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee – Dalton Armoury Mess	
PMC	MCpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj Champion
A Safe O	Capt Hicks
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	TBA
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>MATERIAL</u>	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Maj Champion
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	CWO Kelly
Maj Champion	MWO Shannon
Capt A Harmes	MWO Martin
Capt D Harmes	WO Thorn
Capt Stewart	WO O'Halloran
Capt Kaipio	WO Parris
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Meerburg	Sgt Behan
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Burns
Capt Kotscha	Sgt Wilson
Lt Stewart	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj Champion

Security CO	Cpl Lui
Wpns Security NCO	Sgt Hood
OTHER	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. AUTHORITY TO WEAR THE MAROON BERET

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Rfn Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

10. CONDUCT OF TRAINING WITH AIRSOFT WEAPONS

With the recent acquisition of several Airsoft (C8 style) weapons, certain control measures need to be put in place, WRT storage, care and maintenance and most importantly safety. It is for this reason access to above mentioned weapons will be limited to those persons listed below. Once the training checklist has been completed and signed off by one of the below persons the new trainer's name will be added to the RSO list. The following persons are authorised to conduct Airsoft training:

Capt Potter
Sgt Burns
MCpl Hing
MCpl Thomas

PART IV – GENERAL INTEREST

11. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED

The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.AS?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDECAT\(EQUAL SIGN\)15](http://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT(UNDERSCORE)E.AS?SIDESECTION(EQUAL SIGN)4(AMPERSAND)SIDECAT(EQUAL SIGN)15)

12. ASU TORONTO SERVICE REDUCTION & NEW HOURS

ASU Clothing Stores hours as of 01 Apr 10. Effectively:

- 1) Monday - Closed
- 2) Tuesday - 0900hrs to 1500hrs
- 3) Wednesday - 0900hrs to 1500hrs
- 4) Thursday - 1300hrs to 2100hrs
- 5) Friday - Closed

13. TAX RELIEF – REASSESSMENT PROCESS FOR CF MEMBERS WHO HAVE BEEN DEPLOYED ON HIGH RISK MISSIONS

CANFORGEN 159/09

1. In 2007 Canada Revenue Agency (CRA) provided clarification on tax deductions for CF Members deployed outside of Canada on high risk missions. This necessitated the amending of several T4 slips (2004-2006) issued to members who were on such deployments.
2. DND filed amended T4 slips with CRA, meaning that individual Members will not have to re-file amended returns. Instead CRA will process these amended T4 which should result in tax refunds for most affected Members.
3. Should these amended T4s result in any additional tax owing, Members may apply for the interest to be waived. More information is available directly from the CRA at 1-888-863-8657 between 08:00 and 20:00, Monday – Friday.
4. Members who have not filed tax returns for these years must request an amended T4 through their pay office, and will have to file their taxes directly with the CRA.
5. Questions regarding an individual notice of reassessment can be addressed to the CRA's Individual Income Tax Enquiries at 1-800-959-8281 between 08:15 to 17:00, Monday to Friday.

14. NEW CUSTOMER SERVICE DESK HOURS

Effective 01 April 2010, the Customer Service Desk (CSD) in Petawawa is manned 0700 hrs - 1800 hrs Monday to Friday only. Work orders for problems with phones, computers or printers can be opened by sending an e-mail to +Service Desk@2 ASG Sig Sqn@Petawawa. During working hours the CSD can still be called at ext 7447.

15. NEW OVERSEAS RECOGNITION FRAMEWORK

CANFORGEN 066/10 CMP 030/10 171715Z MAR 10

1. A major review was undertaken to simplify and standardize overseas services recognitions for CF Members.
2. The Government of Canada has approved a new overseas recognition framework.
 - a. Recognition will now be theatre based rather than mission specific. This means that all service in a designated theatre which is not recognized by another medal (such as UN or NATO) will be eligible for recognition.
 - b. Overseas services will now be recognized with a distinct ribbon for each separate theatre on the GCS and GSM rather than with the current system of bars indicating missions (such as "Allied Force" and "ISAF"). This will reflect a "one medal different ribbon" approach.
 - c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
 - d. Multiple tours in the same theatre will be recognized. Recipients of the SWASM with Afghanistan Bar, the GCS and the GSM may be eligible for new multiple rotation recognition in the form of rotation bars. Rotation bars will be awarded for each additional period of 180 days of eligible service following medal qualification (30 days).

3. Details on the new bons, rotation bars and their wearing, as well as full eligibility lists, may be found at: [HTTP://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME\(UNDERSCORE\)E.ASP](http://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME(UNDERSCORE)E.ASP)

16. CHANGES TO THE CLOTHING ONLINE POINT SYSTEM

CANFORGEN 077/10 ADM MAT 03/10 301346Z MAR 10

In order to improve the management of clothing online and utilize departmental financial resources efficiently, the annual allocation of points for the clothing online system has been adjusted as follows:

- a. Tier 1 (DEU) Members reduced from 600 to 500 points of which 200 will be allocated 1 April and the residual 300 allocated 1 October. Tier 2 Members will remain at 200 points.
- b. The maximum number of points that can be carried forward into the next fiscal year will be 300.
- c. The maximum annual order quantities for some clothing items have been reduced and others will have a minimum duration before reordering is permitted. Requests for exceptions should be made to DSSPM 2-C7 Mr. Richard Lepage richard.lepage@forces.gc.ca

17. SPORTS

1) CF REGIONAL BADMINTON/SQUASH CHAMPIONSHIP (PETAWAWA):
http://armyonline.kingston.mil.ca/LFCA/143000440032875/INTENT_TO_ENTER_BADM.
DOC Contact FS&R Coordinator for assistance if interested, local 3788

2) CF REGIONAL BALL HOCKEY INTEREST:
The 2010 ball hockey season is just around the corner. Toronto Garrison Ball Hockey team is currently looking for players to play in the upcoming CF Regional Championships held in CFB Borden (Date TBC). For more information, please contact Captain M.K. Ritchie. Michael.Ritchie@forces.gc.ca

3) CF REGIONAL SLO-PITCH (MEN'S) INTEREST:
The 2010 Slo-Pitch season is just around the corner. Toronto Garrison Men's Slo-Pitch team is currently looking for players to play in the upcoming CF Regional Championships held in CFB Petawawa (August 2010). For more information, please contact MCpl Doug Vienneau, doug.vienneau@forces.gc.ca
http://armyonline.kingston.mil.ca/LFCA/143000440032887/LOBBALL_POSTER_2010.PPT

4) TORONTO GARRISON REGIONAL SOCCER TEAM TRYOUTS:
Tryouts will be starting middle of April 2010. The Regional Championship will be 22-27 August 2010 at CFB/ASU Kingston. In order to start preparing for the team and scheduling exhibition games against Borden, North Bay, Kingston and Trenton, I will need you to participate and help the team out. In 2009, the team made it to the Semi-Finals and made great progress. Contact Capt Leo Finelli, local 5121 for more information.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

18. PROMOTIONS

Nil

19. DECORATIONS

Nil

20. AWARDS

Nil

21. RELEASES

Nil

22. TRANSFERS/POSTINGS – IN

Nil

23. TRANSFERS – OUT

Nil

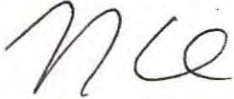
24. ATTACHED POSTED – IN

Nil

25. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 05/10 (s/b 06/10)
02 Jun 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I

CALENDAR OF EVENTS

1. TRAINING CALENDAR
2. FTUC LEAVE, TASKINGS, ROTO, COURSES
3. EXEMPT DRILL & TRAINING
4. NON-EFFECTIVE STRENGTH
5. PENDING RELEASE

PART II

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6. DUTY PERS MOSS PARK ARMOURY
7. DUTY PERS DALTON ARMOURY
8. SECONDARY DUTIES LIST
9. AUTHORITY TO WEAR THE MAROON BERET

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CURRENT ITEMS

10. CONDUCT OF TRAINING WITH AIRSOFT WEAPONS

PART IV

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12. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
13. NEW OVERSEAS RECOGNITION FRAMEWORK
14. CHANGES TO THE CLOTHING ONLINE POINT SYSTEM

PART V

PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

15. PROMOTIONS
16. DECORATIONS
17. AWARDS
18. RELEASES
19. TRANSFERS IN
20. TRANSFERS OUT
21. ATTACHED POSTED IN
22. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

26 May 10	Coy Trg	MPA /Dalton	All	
02 Jun 10	Coy Trg	MPA /Dalton	All	
06-26 Jun 10	OP CADENCE	TBC	All	
09 Jun 10	Stand Down	MPA	All	March to Legion

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

MCpl	Abate	B/A	QOR OF C
Cpl	Alonso	C	TF 3-10
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Lt	Campos	B	LFCA HQ
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MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
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Cpl	Hinds	C	TF AFG
MCpl	Hing	B/A	QOR OF C
Sgt	Hood	B	Battle School
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lachaine	C	TF Afg
Cpl	Lavery	C	TF 3-10
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Capt	Stewart	B/A	QOR OF C
MCpl	Thomas	B/A	QOR OF C
Sgt	Thomson	B	Borden
Capt	Timms	B	CIMIC
MCpl	Tse	C	TF 3-10
Sgt	Van Hamme	B	DRDC Toronto
Cpl	Wright	C	TF 3-10

3. ED&T:

Name

Cpl Boughton-Flynn
MCpl Overholt
Cpl Grains
MCpl Reavie

4. NES:

Pte(B) Costales
Cpl Choe
Pte(T) Scott
Cpl Fung
Pte(B) Zhang
Rfn Yu
Cpl Lee
Pte (T) Peterdy
Pte (T) Crandall

Pte (B) Canonigo
Rfn Zupo
Cpl Wong
Pte Gerassimik
Cpl Kloc
Rfn Chao
Pte(T) Kabiliravi
Pte(T) Balta

MCpl Atkins
Pte(T) Niezgoda
Rfn Taylor
Cpl Steiger
Sgt Henry
Cpl Ibrahim
Cpl Faduck

5. PRL:

Lt Burton
Cpl Bollers
Pte Monteiro
Cpl Hogg
Rfn Zhou
Rfn Matecki
Rfn Ott
Pte (B) Padrad
MCpl Huh
Rfn Slade

Cpl McGibbon (Julie)
Cpl Cook
Rfn Franchi
Pte (B) Durkalec
Cpl Kouprine
Cpl Lynch
Pte (B) Guy
Pte (B) Tai
Rfn McFarlane

Rfn Quijada-Del-Cid
Rfn McNevin
Cpl Jimenez
Pte (B) Wu
Cpl Windover
Cpl Ton
Cpl Wilson
Cpl White
Rfn Mahmood

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

26-May-10	Lt	Mantle
2-Jun-10	2Lt	Newlands
9-Jun-10	Lt	Dar Ali

Duty Sgt/MCpl

26-May-10	Sgt	Johnston	MCpl	McGibbon
2-Jun-10	Sgt	Kenny	MCpl	McQuaid
9-Jun-10	Sgt	Kohler	MCpl	Chui

FTUC Gate Duty List

26-May-10	MCpl	Abate
2-Jun-10	Cpl	Brown
9-Jun-10	Cpl	Dupee

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.

- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate or block the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

26-May-10	MCpl	Ezmenari	Chudwudi
2-Jun-10	MCpl	Silva	Shane
9-Jun-10	MCpl	Kurelo	Rick

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- Any ID Checker must be properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel Mcpl-Sgt and Ocldt-Lt are eligible for duty.

- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	TBA
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj St. Denis
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj Champion
Mbr	(Adjt) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moyer
Mbr	(OC Buffs) - Capt Ross
Mbr	(OC Vics) - Capt Stewart
Mbr	(DOM) - Capt Arendz
Mbr	Capt Harnes
Mbr	Lt Moody
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj St. Denis
Secy	(Adjt) Capt Stewart
Mbr	(OC Para) Capt Harnes
Mbr	Lt Moody
<u>PERSONNEL SUPPORT PROGRAMS</u>	
NPF Board	
Chair	Lt Mantle
Mbr	2Lt Mackintosh
Mbr	OCdt Mehmood
Mbr	Capt Kaipio
Mbr	Capt Hicks
Mbr	2Lt Chrzan
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harnes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Morin
Mess Committee - JR Ranks	
PMC	MCpl De Bartok
Mess Committee - Dalton Armoury Mess	
PMC	MCpl Palma
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj St. Denis
A Safe O	Capt Hicks
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo

HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	TBA
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>MATERIAL</u>	
Audit Board	
Chair	2Lt Mackintosh
Mbr	Capt Hicks
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Capt Stewart
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Newlands
A/UIO	2Lt Foderick
Photographers	Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	CWO Kelly
Maj Champion	MWO Shannon
Capt A Harmes	MWO Martin
Capt D Harmes	WO Thorn
Capt Stewart	WO O'Halloran
Capt Kaipio	WO Parris
Capt Lee	Sgt Currie
Capt Moyer	Sgt Fabry
Capt Meerburg	Sgt Behan
Capt Ross	Sgt Frounze
Capt Timms	Sgt Green
Capt Potter	Sgt Kohler
Lt Dar Ali	Sgt Morin
Lt Leibel	Sgt Hood
Lt Mantle	Sgt Burns
Capt Kotscha	Sgt Wilson
Lt Stewart	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj St. Denis
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Ross
Cadet LO	Capt Potter
Unit Ethics Officer	Capt Timms

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Rfn Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon

MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

10. CONDUCT OF TRAINING WITH AIRSOFT WEAPONS

With the recent acquisition of several Airsoft (C8 style) weapons, certain control measures need to be put in place, WRT storage, care and maintenance and most importantly safety. It is for this reason access to above mentioned weapons will be limited to those persons listed below. Once the training checklist has been completed and signed off by one of the below persons the new trainer's name will be added to the RSO list. The following persons are authorised to conduct Airsoft training:

Capt Potter
Sgt Burns
MCpl Hing
MCpl Thomas

PART IV – GENERAL INTEREST

11. FREE ADMISSION TO ONTARIO PLACE FOR CF MEMBERS, FAMILY AND FRIENDS

On June 5-6 2010 CF Members will be able to get free admission for themselves and their family and friends to Ontario Place. Passes are available in person or electronically from the BOR. CF Members may print as many free passes as they would like for their family and friends, but are not to distribute them to the general public.

Normal Admission online for 6-64 year olds is \$28.57 and \$15.24 for young children (4-5) and seniors. At the gate the price is \$31.90 and \$16.90 respectively. Everyone is encouraged to take advantage of this very generous offer from Ontario Place and bring their family, kids and friends.

12. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED

The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.AS P?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDE CAT\(EQUAL SIGN\)15](http://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT(UNDERSCORE)E.AS P?SIDESECTION(EQUAL SIGN)4(AMPERSAND)SIDE CAT(EQUAL SIGN)15)

13. NEW OVERSEAS RECOGNITION FRAMEWORK

CANFORGEN 066/10 CMP 030/10 171715Z MAR 10

1. A major review was undertaken to simplify and standardize overseas services recognitions for CF Members.
2. The Government of Canada has approved a new overseas recognition framework.

- a. Recognition will now be theatre based rather than mission specific. This means that all service in a designated theatre which is not recognized by another medal (such as UN or NATO) will be eligible for recognition.
- b. Overseas services will now be recognized with a distinct ribbon for each separate theatre on the GCS and GSM rather than with the current system of bars indicating missions (such as "Allied Force" and "ISAF"). This will reflect a "one medal different ribbon" approach.
- c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
- d. Multiple tours in the same theatre will be recognized. Recipients of the SWASM with Afghanistan Bar, the GCS and the GSM may be eligible for new multiple rotation recognition in the form of rotation bars. Rotation bars will be award for each additional period of 180 days of eligible service following medal qualification (30 days).

3. Details on the new ribbons, rotation bars and their wearing, as well as full eligibility lists, may be found at: [HTTP://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME\(UNDERSCORE\)E.ASP](http://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME(UNDERSCORE)E.ASP)

14. CHANGES TO THE CLOTHING ONLINE POINT SYSTEM

CANFORGEN 077/10 ADM MAT 03/10 301346Z MAR 10

In order to improve the management of clothing online and utilize departmental financial resources efficiently, the annual allocation of points for the clothing online system has been adjusted as follows:

- a. Tier 1 (DEU) Members reduced from 600 to 500 points of which 200 will be allocated 1 April and the residual 300 allocated 1 October. Tier 2 Members will remain at 200 points.
- b. The maximum number of points that can be carried forward into the next fiscal year will be 300.
- c. The maximum annual order quantities for some clothing items have been reduced and others will have a minimum duration before reordering is permitted. Requests for exceptions should be made to DSSPM 2-C7 Mr. Richard Lepage richard.lepage@forces.gc.ca

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

15. PROMOTIONS

Nil

16. DECORATIONS

Nil

17. AWARDS

Nil

18. RELEASES

Nil

19. TRANSFERS/POSTINGS – IN

Nil

20. TRANSFERS – OUT

Nil

21. ATTACHED POSTED – IN

Nil

22. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 06/10 01 Sep 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I **CALENDAR OF EVENTS**

1. TRAINING CALENDAR
2. 2010 QOR ORBAT
3. FTUC LEAVE, TASKINGS, ROTO, COURSES
4. EXEMPT DRILL & TRAINING
5. NON-EFFECTIVE STRENGTH
6. PENDING RELEASE

PART II **DUTIES AND APPOINTMENTS**

7. DUTY PERS MOSS PARK ARMOURY
8. DUTY PERS DALTON ARMOURY
9. SECONDARY DUTIES LIST
10. AUTHORITY TO WEAR THE MAROON BERET

PART III **CURRENT ITEMS**

11. NEW OVERSEAS RECOGNITION FRAMEWORK

PART IV **GENERAL INTEREST**

12. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
13. TORONTO GARRISON: TERRY FOX RUN
14. SECOND CAREER ASSISTANCE NETWORK (SCAN) SEMINAR
15. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS
16. 2011 UNIVERSITY TRAINING PLAN FOR NON-COMMISSIONED MEMBERS

PART V **PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS**

17. PROMOTIONS
18. DECORATIONS
19. AWARDS
20. RELEASES
21. TRANSFERS IN
22. TRANSFERS OUT
23. ATTACHED POSTED IN
24. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

08 Sep 10	Stand-To Parade	MPA	All
11-12 Sep 10	EX Whetstone	MPA	Sel pers
15 Sep 10	Parade night	MPA /Dalton	All
22 Sep 10	Parade Night	MPA /Dalton	All
24-26 Sep 10	EX Aggressive Viper	Meaford	All
29 Sep 10	Parade Night	MPA/Dalton	All
06 Oct 10	Parade night	MPA/Dalton	All
15-16 Oct 10	First Aid Training	MPA	All
16 Oct 10	Ex Sureshot 1	Borden	All
13 Oct 10	CO's Parade	MPA	All
20 Oct 10	Parade Night	MPA/Dalton	All
22-24 Oct 10	EX Aggressive Viper 2	Meaford	All
27 Oct 10	Parade Night	MPA/Dalton	All
03 Nov 10	Parade Night	MPA/Dalton	All
06 Nov 10	Ex Sureshot 2	Borden	All
07 Nov 10	Church Parade	MPA	All
10 Nov 10	Parade Night	MPA/Dalton	All
17 Nov 10	Parade Night	MPA/Dalton	All
19-21 Nov 10	Ex Active Serpent	Meaford	All

2. 2010 QOR ORBAT

BHQ	
CO	LCol Fotheringham
DCO	Maj St. Denis
Ops O	Capt Harmes D.
Ops WO	Sgt Behan
Adjt	Capt Stewart
Asst Adjt	2Lt Foderick
Stnds & PD Offr	Capt Ross
PDR/PER Offr	Capt Kotshca
Fin O	Capt Kaipio
Padre	Capt Saugh
Padre	Capt Niles
NPF O	Lt Dar-Ali
RLO - 32 CBG	Capt Foulds
RSM	CWO Kelly
DSM	MWO Shannon
CC	Sgt Parris

Band	
DofM	Capt Arendz
Bugle Major	MWO Haire
Band Sgt	Sgt Kenny
Band Sgt	Sgt Feldman

Victoria Company	
OC	Lt Beindorff
2IC	TBC
QM	TBC

Holding Pl	
BMQ/SQ	

CSM	MWO Parris
A/RQMS	MCpl Thomas
Tn NCO	Sgt Burns
Sigs NCO	Sgt Green

60 th Company	
OC	Capt Moody
2IC	Capt Potter
1 PI	Lt Leibel
	2Lt Llewellyn-
1 PI rad op	Thomas
2 PI	2Lt Mehmood
2 PI rad op	
CSM	MWO Martin
CQ	Sgt Fabry
PI 2IC	WO Thorn
PI 2IC	Sgt Kohler
Sect Comd	Sgt Hodgson
Sect Comd	Sgt McCauley
Sect Comd	Sgt Wilson

Burns Company	
OC	Capt Meerburg
2IC	Lt Stewart
4 PI	Lt Mantle
5 PI	2Lt Chrzan
CSM	WO O'Halloran
CQ	MCpl Hing
PI 2IC	Sgt Hood
PI 2IC	Sgt Frounze
Sect Comd	Sgt Currie
Sect Comd	Sgt Buckle
Clerk	Cpl Lui

Para/Mountain/Recce	
OC	Capt Harmes, A.
Recce PI WO	Sgt Johnston

3. FTUC LEAVE, TASKINGS, ROTO, COURSES:

MCpl	Abate	B/A	QOR OF C
Cpl	Alonso	C	TF 3-10
Sgt	Behan	B/A	QOR OF C
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brown	B/A	QOR OF C
Sgt	Burns	B/A	QOR OF C
Lt	Campos	B	LFCA HQ
Maj	Champion	C	TF Afg
MCpl	Chen	C	TF 3-10
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
MCpl	Hing	B/A	QOR OF C
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Capt	Lee	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B/A	QOR OF C
MCpl	Milrod	B	CFLAWC Trenton
Capt	Moyer	B	Psyops Toronto
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B/A	QOR OF C
MCpl	Thomas	B/A	QOR OF C
MCpl	Tse	C	TF 3-10
Cpl	Wright	C	TF 3-10

4. ED&T:

Name

Cpl Boughton-Flynn	MCpl Reavie
Sgt Patton	WO Kim
Cpl Grains	

5. NES:

TBD in October

6. PRL:

TBD

PART II - DUTIES AND APPOINTMENTS

7. **DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)**

Duty Officer

8-Sep-10	Capt	Foulds
15-Sep-10	Lt	Dar Ali
22-Sep-10	2Lt	Foderick
29-Sep-10	2Lt	Mehmood
6-Oct-10	2Lt	Llewellyn-Thomas
13-Oct-10	2Lt	Chrzan
20-Oct-10	Lt	Leibel
27-Oct-10	Capt	Kotscha
3-Nov-10	Capt	Foulds
10-Nov-10	Lt	Dar Ali
17-Nov-10	2Lt	Foderick

Duty Sgt/MCpl

8-Sep-10	Sgt	Behan	MCpl	Abate
15-Sep-10	Sgt	Burns	MCpl	Charlebois
22-Sep-10	Sgt	Fabry	MCpl	Johnston
29-Sep-10	Sgt	Feldman	MCpl	Kim (In-kee)
6-Oct-10	Sgt	Green	MCpl	Leader

FTUC Gate Duty List

8-Sep-10	MCpl	Lui
15-Sep-10	Cpl	Brown
22-Sep-10	MCpl	Dupee
29-Sep-10	MCpl	Lui
6-Oct-10	Cpl	Brown

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.

- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescent vests;
- They will be in comms with the BOR and duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate or block the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the duty officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

8. DUTY STAFF DALTON ARMOURY:

8-Sep-10	MCpl	Ezmenari	Chudwudi
15-Sep-10	MCpl	Silva	Shane
22-Sep-10	MCpl	Lim	Jason
29-Sep-10	MCpl	Kim	Sam
6-Oct-10	MCpl	Kiss	Allan
13-Oct-10	Sgt	Buckle	Angus

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- Any ID Checker must be properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel MCpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

9. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Capt Stewart
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh

Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj St. Denis
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) - LCol Fotheringham
Mbr	(DCO) - Maj St. Denis
Mbr	(Adjt) - Capt Stewart
Mbr	(RSM) - CWO Kelly
Mbr	(OC 60th) - Capt Moody
Mbr	(OC Buffs) - Capt Meerburg
Mbr	(OC Vics) Lt Biendorff
Mbr	Capt Arendz
Mbr	Capt A. Harmes
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj St. Denis
Secy	(Adjt) Capt Stewart
Mbr	Capt Harmes
Mbr	Capt Moody
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	Lt Dar Ali <i>O's + DCO</i>
Mbr	Lt Mantle <i>Buffs + 1</i>
Mbr	2Lt Mehmood <i>Sgt's</i>
Mbr	<i>NCO</i> 2Lt Foderick <i>Sgt's</i>
Mbr	Capt Kaipio <i>OC's Jrs</i>
Mbr	<i>NCO</i> Lt Beindorff <i>OC's Jrs</i>
Mbr	<i>NCO</i> 2Lt Chrzan <i>Buffs</i>
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Johnston
Mess Committee - JR Ranks	
PMC	TBD
Mess Committee - Dalton Armoury Mess	
PMC	TBD
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
HEALTH AND SAFETY	
General Safety Committee	
Chair	Maj St. Denis
A Safe O	Lt Beindorff
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	
Environmental O	
60 th Coy Rep	
Buffs Coy Rep	
Vics Coy Rep	
Drug F	
OPI	
MATERIAL	
Chair	
Mbr	

	Leibel
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Capt Stewart
COMMS	
Comms	
Sigs NCO	Sgt Green
PUBLIC AFFAIRS	
Public Affairs	
UIO	2Lt Foderick
A/UIO	TBD
Photographers	Chick McGregor/Ad hoc
HISTORICAL MATTERS	
Historical Matters	
History Officer	CWO Kelly
RANGE SAFETY OFFICERS	
Range Safety Officers	
LCol Fotheringham	CWO Kelly
Capt Meerburg	MWO Shannon
Capt A Harmes	MWO Martin
Capt D Harmes	WO Thorn
Capt Stewart	WO O'Halloran
Capt Kaipio	WO Parris
Capt Potter	Sgt Currie
Capt Kotscha	Sgt Fabry
Lt Stewart	Sgt Behan
Lt Dar Ali	Sgt Frounze
Lt Mantle	Sgt Green
Lt Leibel	Sgt Kohler
	Sgt Wilson
	Sgt Hood
	Sgt Burns
SECURITY	
Security Board	
Security Officer	Maj St. Denis
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
OTHER	
OIC Scarborough Armoury	Capt Meerburg
Cadet LO	Capt Potter
Unit Ethics Officer	2Lt Chrzan

10. AUTHORITY TO WEAR THE MAROON BERET

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Rfn Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood

If your name is not on this list, contact Sgt Burns.

PART III - CURRENT ITEMS

11. NEW OVERSEAS RECOGNITION FRAMEWORK

CANFORGEN 066/10 CMP 030/10 171715Z MAR 10

1. A major review was undertaken to simplify and standardize overseas services recognitions for CF Members.
2. The Government of Canada has approved a new overseas recognition framework.
 - a. Recognition will now be theatre based rather than mission specific. This means that all service in a designated theatre which is not recognized by another medal (such as UN or NATO) will be eligible for recognition.
 - b. Overseas services will now be recognized with a distinct ribbon for each separate theatre on the GCS and GSM rather than with the current system of bars indicating missions (such as "Allied Force" and "ISAF"). This will reflect a "one medal different ribbon" approach.
 - c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
 - d. Multiple tours in the same theatre will be recognized. Recipients of the SWASM with Afghanistan Bar, the GCS and the GSM may be eligible for new multiple rotation recognition in the form of rotation bars. Rotation bars will be award for each additional period of 180 days of eligible service following medal qualification (30 days).
3. Details on the new ribbons, rotation bars and their wearing, as well as full eligibility lists, may be found at: [HTTP://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME\(UNDERSCORE\)E.ASP](http://OTTAWA.HULL.MIL.CA/DHR-DDHR/ENG/HOME(UNDERSCORE)E.ASP)

PART IV – GENERAL INTEREST

12. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED

The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.ASP?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDEAT\(EQUAL SIGN\)15](http://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT(UNDERSCORE)E.ASP?SIDESECTION(EQUAL SIGN)4(AMPERSAND)SIDEAT(EQUAL SIGN)15)

13. TORONTO GARRISON: TERRY FOX RUN

In honour of the 30th Terry Fox Run, Comd ASU(T) has authorized a Terry Fox Run (run/walk) to be held at the Denison Armoury on 17 Sept 2010 from 0800 – 0930 hrs for CF Members Only.

Maximum participation by CF members from ASU Toronto and the GTA is highly encouraged in support of this event. T-Shirts will be provided for participants after completing the run. For more information or to sign-up please contact your Terry Fox Unit Rep. or PSP Health Promotion at ext. 3730 / 3731

14. SECOND CAREER ASSISTANCE NETWORK (SCAN) SEMINAR

There will be a two-part Second Career Assistance Network (SCAN) seminar. Day 1 and 2 will cover topics applicable to all releasing CF members. Day 3 will be tailored to those persons who are releasing medically (all member welcome to attend all three days). It is recommended that military members attend a SCAN seminar at the beginning of one's career and more frequently as they approach their release date. The seminar schedule will not be distributed prior to the seminar.

When: 05-07 October 2010
Where: WO & Sgt's Mess, London
Who: Any member can attend

Links to the advertisement and registration form are below:

http://armyonline.kingston.mil.ca/LFCA/143000440005075/SCAN_REGISTRATION_LO.DOC

http://armyonline.kingston.mil.ca/LFCA/143000440005075/SCAN_POSTER_LONDON1.DOC

15. MILITARY FAMILY DAY & BBQ

The Military Family Day & BBQ will be taking place on Saturday, September 18, 2010 from 11:30am-5:00pm at TMFRC (5 Yukon Lane). It will be a wonderful opportunity to enjoy a free day of fun with other military families. TMFRC has great entertainment lined up, including:

- Toronto Police Services static displays and shows featuring Winged Wheels, K-9, and Mounted Police,
- Descenders Paraclub parachuting demo,
- Toronto Firefighter Calendar autograph opportunities,
- Aboriginal Dancers,
- A Comedian,
- Musical entertainment,
- A barbecue lunch,
- And much more!

The event will run rain or shine and is open to military members (reserve and reg force) and their friends and families.

16. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS

Free tickets to Ontario Science Centre - Expires Dec 31st, 2010. One time, 4 per family only. Must sign for your tickets. Adults pay \$2 at the centre but youth, seniors, and children are FREE with coupon.

Canada Wonderland Discounted Tickets - Sold now at TMFRC. See link for details:
[http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA S WONDERLAND0.DOC](http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA_S_WONDERLAND0.DOC)

More information and discounts available at:
<http://www.familyforce.ca/sites/Toronto/splash.aspx>

17. 2011 UNIVERSITY TRAINING PLAN FOR NON-COMMISSIONED MEMBERS (UTPNCM) COMPETITION

CANFORGEN 156/10 CMP 069/10 161215Z AUG 10

The UTPNCM is open to Cpls and above effective immediately. The closing date for completed applications is 12 Nov 10. Files received after this date will not be processed. The Canadian Forces may sponsor those NCMs wishing to attending RMC Kingston, and in some circumstances, a civilian university, in exchange for a commitment to serve afterward.

Queries, including regarding eligibility, may be directed to MCpl Eric Labelle 613-944-4916. Further details are also outlined in CFAO 9-13:
http://admfincs.mil.ca/admfincs/subjects/cfao/009-13_e.asp available from the Asst Adjt of The QOR.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

18. PROMOTIONS

Nil

19. DECORATIONS

Nil

20. **AWARDS**

Nil

21. **RELEASES**

Nil

22. **TRANSFERS/POSTINGS – IN**

Nil

23. **TRANSFERS – OUT**

Nil

24. **ATTACHED POSTED – IN**

Nil

25. **ATTACHED POSTED – OUT**

Nil

IN PACE PARATUS

J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 07/10 06 Oct 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I **CALENDAR OF EVENTS**

1. TRAINING CALENDAR
2. 2010 QOR ORBAT
3. FTUC LEAVE, TASKINGS, ROTO, COURSES
4. EXEMPT DRILL & TRAINING
5. NON-EFFECTIVE STRENGTH
6. PENDING RELEASE

PART II **DUTIES AND APPOINTMENTS**

7. DUTY PERS MOSS PARK ARMOURY
8. DUTY PERS DALTON ARMOURY
9. SECONDARY DUTIES LIST
10. AUTHORITY TO WEAR THE MAROON BERET

PART III **CURRENT ITEMS**

11. THANKS FOR QOR ASSISTANCE – CPL BAKER'S FUNERAL (FEB 2010)
12. NEW OVERSEAS RECOGNITION FRAMEWORK

PART IV **GENERAL INTEREST**

13. QOR LICENSE PLATES
14. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
15. SECOND CAREER ASSISTANCE NETWORK (SCAN) SEMINAR
16. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS
17. 2011 UNIVERSITY TRAINING PLAN FOR NON-COMMISSIONED MEMBERS

PART V **PROMOTIONS - DECORATIONS – RELEASES - TRANSFERS**

18. PROMOTIONS
19. DECORATIONS
20. AWARDS
21. RELEASES
22. TRANSFERS IN
23. TRANSFERS OUT
24. ATTACHED POSTED IN
25. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

29 Sep 10	Parade Night	MPA/Dalt on	All	60th – Ruck Issue Bufs - EPL
03 Oct 10	Tribute to the Fallen	Queen's Park	Band	
06 Oct 10	Parade night	MPA/Dalt on	All	60 th – EPL Bufs – Rucksack Issue
16-17 Oct 10	First Aid Training	MPA	All	
16 Oct 10	Ex Sureshot 1	Borden	All	PWT 3,
13 Oct 10	CO's Parade	MPA	All	Bufs Para Refresher
14 Oct 10	Mess Dinner	CFC	Band	
20 Oct 10	Parade Night	MPA/DA	All	60 th Para Refresher
22-24 Oct 10	EX Aggressive Viper 2	Meaford	All	Pairs, Group, Section Live Fire
24 Oct 10	RCMI Concert	RCMI	Band	
27 Oct 10	Parade Night	MPA/DA	All	
03 Nov 10	Parade Night	MPA/DA	All	
05 Nov 10	Officers Mess Dinner	MPA	O's, Band	
06 Nov 10	Ex Sureshot 2	Borden	All	PWT 3, Other wpns & advanced applications depending on ammo
07 Nov 10	Church Parade	MPA	All	DEU
10 Nov 10	Parade Night	MPA/DA	All	
11 Nov 10	R-Day Service	St Paul's	FTUC, P&S, Band	Optional for all, no pay.
17 Nov 10	Parade Night	MPA/DA	All	
19-21 Nov 10	Ex Active Serpent	Meaford	All	Level 3-4 Offensive Ops
24 Nov 10	Parade Night	MPA/DA	All	60 th - Rappel Trg
01 Dec 10	Parade Night	MPA/DA	All	
08 Dec 10	X-Mas Dinner	MPA	All	
01 Jan 10	Levee	MPA	All	
05 Jan 10	Parade Night	MPA/DA	All	
27 Jan 11	SAV	MPA/DA		
2 Feb 11	HQ Team Visit	MPA		

2. 2010 QOR ORBAT

BHQ	
CO	LCol Fotheringham
DCO	Maj St. Denis
Ops O	Capt Chang
Ops WO	Sgt Behan
Adjt	Capt Stewart
Asst Adjt	2Lt Foderick
Stnds & PD Offr	Capt Ross
PDR/PER Offr	Capt Kotshca
Fin O	Capt Kaipio
Padre	Capt Saugh
Padre	Capt Niles
NPF O	Lt Dar-Ali
RLO - 32 CBG	Capt Foulds
RSM	CWO Kelly
DSM	MWO Shannon
CC	Sgt Parris

Band	
DofM	Capt Arendz
Bugle Major	MWO Haire
Band Sgt	Sgt Kenny
Band Sgt	Sgt Feldman

Victoria Company	
OC	Lt Beindorff
2IC	TBC
QM	TBC

Holding PI	
BMQ/SQ	

CSM	MWO Parris
A/RQMS	MCpl Thomas
Tn NCO	Sgt Burns
Sigs NCO	Sgt Green

60th Company	
OC	Lt Moody
2IC	Capt Potter
1 PI	Lt Leibel
1 PI rad op	OCdt Llewellyn-Thomas
2 PI	2Lt Mehmood
2 PI rad op	
CSM	MWO Martin
CQ	Sgt Fabry
PI 2IC	WO Thorn
PI 2IC	Sgt Kohler
Sect Comd	Sgt Hodgson
Sect Comd	Sgt McCauley
Sect Comd	Sgt Wilson

Bufs Company	
OC	Capt Meerburg
2IC	Lt Stewart
4 PI	Lt Mantle
5 PI	2Lt Chrzan
CSM	WO O'Halloran
CQ	MCpl Hing
PI 2IC	Sgt Hood
PI 2IC	Sgt Frounze
Sect Comd	Sgt Currie
Sect Comd	Sgt Buckle
Clerk	Cpl Lui

Para/Mountain/Recce	
OC	Capt Harnes, A.
Recce PI WO	Sgt Johnston

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

MCpl	Abate	B/A	QOR OF C
Cpl	Alonso	C	TF 3-10
Sgt	Behan	B/A	QOR OF C
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brown	B/A	QOR OF C
Sgt	Burns	B/A	QOR OF C
Maj	Champion	C	TF Afg
MCpl	Chen	C	TF 3-10
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harnes	B	PSTC Kingston
MCpl	Hing	B/A	QOR OF C
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Capt	Lee	C	TF 3-10
Lt	Leibel	B	32 CBG HQ

Cpl	Lui	B/A	QOR OF C
MCpl	Milrod	B	CFLAWC Trenton
Capt	Moyer	B	Psyops Toronto
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B/A	QOR OF C
MCpl	Thomas	B/A	QOR OF C
MCpl	Tse	C	TF 3-10
Cpl	Wright	C	TF 3-10

4. ED&T:

Name

Cpl Boughton-Flynn	MCpl Reavie
Sgt Paton	WO Kim
Cpl Grains	

5. NES:

TBD

6. PRL:

TBD

PART II - DUTIES AND APPOINTMENTS

7. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

Senior Duty Officer: Lt. Dar Ali Contact: 647-929-4441 ; fla_ga@hotmail.com

If you are unable to complete your duty as scheduled please contact the Senior Duty Officer to replace yourself and reschedule.

6-Oct-10	OCdt	Llewellyn-Thomas
13-Oct-10	2Lt	Chrzan
20-Oct-10	Lt	Leibel
27-Oct-10	Capt	Kaipio
3-Nov-10	Capt	Foulds
7-Nov-10	Lt	Leibel
10-Nov-10	Lt	Leibel
17-Nov-10	2Lt	Foderick
24-Nov-10	2Lt	Mehmood
1-Dec-10	OCdt	Llewellyn-Thomas
8-Dec-10	-	MPs

Duty Sgt/MCpl

6-Oct-10	Sgt	Green	MCpl	MacMillan
13-Oct-10	Sgt	Hodgson	MCpl	McGibbon
20-Oct-10	Sgt	Johnston	MCpl	McQuaid
27-Oct-10	Sgt	Kenny	MCpl	Noonan
3-Nov-10	Sgt	Kohler	MCpl	Overholt
10-Nov-10	Sgt	McAuley	MCpl	Reavie
17-Nov-10	WO	Thorn	MCpl	Semenovych

FTUC Gate Duty List

6-Oct-10	Cpl	Dupee
13-Oct-10	Cpl	Brown
20-Oct-10	Cpl	Dupee
27-Oct-10	Cpl	Brown
3-Nov-10	Cpl	Dupee
10-Nov-10	Cpl	Brown
17-Nov-10	Cpl	Dupee

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 – 2230 60th Coy
 - c) 2230 – 2330 Duty Staff
 - d) 2330 – Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- **Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.**
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescent vests;
- They will be in comms with the BOR and Duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate or block the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the Duty Officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

8. DUTY STAFF DALTON ARMOURY:

6-Oct-10	MCpl	Kiss	Allan
13-Oct-10	Sgt	Buckle	Angus
20-Oct-10	MCpl	Ezmenari	Chudwudi
27-Oct-10	MCpl	Silva	Shane
3-Nov-10	MCpl	Lim	Jason
10-Nov-10	MCpl	Kim	Sam
17-Nov-10	MCpl	Kiss	Allan

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- Any ID Checker must be properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel MCpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

9. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Capt Stewart
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj St. Denis
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) LCol Fotheringham
Mbr	(DCO) Maj St. Denis
Mbr	(Adj) Capt Stewart
Mbr	(RSM) CWO Kelly
Mbr	(OC 60th) Lt Moody
Mbr	(OC Buffs) Capt Meerburg
Mbr	(OC Vics) Lt Biendorff
Mbr	Capt Arendz
Mbr	Capt A. Harmes
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj St. Denis
Secy	(Adj) Capt Stewart
Mbr	Capt Harmes
Mbr	Lt Moody
PERSONNEL SUPPORT PROGRAMS	
NPF Board	
Chair	Lt Dar Ali
Mbr	Lt Mantle
Mbr	2Lt Mehmood
Mbr	2Lt Foderick
Mbr	Capt Kaipio
Mbr	Lt Beindorff
Mbr	Capt Chang
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy

Treasurer	Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Johnston
Mess Committee - JR Ranks	
PMC	TBD
Mess Committee – Dalton Armoury Mess	
PMC	TBD
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj St. Denis
A Safe O	Lt Beindorff
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	Lt Beindorff
60 th Coy Rep	WO O'Halloran
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
<u>MATERIAL</u>	
Audit Board	
Chair	Lt Mantle
Mbr	Lt Dar Ali
Mbr	Lt Leibel
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Capt Stewart
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
UIO	2Lt Foderick
A/UIO	TBD
Photographers	Capt McGregor/Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	MWO Shannon
Capt Meerburg	MWO Martin
Capt A Harmes	WO O'Halloran
Capt D Harmes	WO Parris
Capt Stewart	WO Thorn
Capt Kaipio	Sgt Kohler
Capt Potter	Sgt Wilson
Capt Kotscha	Sgt Hood
Lt Moody	Sgt Burns
Lt Dar Ali	Sgt Fabry
Lt Mantle	Sgt Behan
Lt Leibel	Sgt Frounze
Lt Stewart	Sgt Green
CWO Kelly	Sgt Currie
<u>SECURITY</u>	
Security Board	
Security Officer	Maj St. Denis
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood

OTHER	
OIC Scarborough Armoury	Capt Meerburg
Cadet LO	Capt Potter
Unit Ethics Officer	2Lt Chrzan
Reserve Liaison Officer (RLO)	Capt Foulds
Government of Canada Workplace Charitable Campaign (GCWCC) Unit Reps.	Lt Dar Ali MCpl Pampe

10. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Cpl Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood
Maj St. Denis		

If your name should be on this list please contact Sgt Burns.

PART III - CURRENT ITEMS

11. THANKS FOR QOR ASSISTANCE – CPL BAKER'S FUNERAL (FEB 2010)

On 11 Aug 2010 LCol Prendergast, CO of The Loyal Edmonton Regiment (4 PPCLI) wrote to extend his "deepest thanks and appreciation to the officers and men of The Queen's Own Rifles for the assistance provided at Cpl Baker's funeral in February," 2010. LCol writes that "Without hesitation and with utmost professionalism, The Queen's Own Rifles provided an honour guard, vehicles, and liaison personnel to ensure a proper send off for our fallen comrade."

LCol has asked that this thanks and appreciation be passed along to all those who helped.

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CANFORGEN 066/10 CMP 030/10 171715Z MAR 10

1. A major review was undertaken to simplify and standardize overseas services recognitions for CF Members.
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 - c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
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award for each additional period of 180 days of eligible service following medal qualification (30 days).

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PART IV – GENERAL INTEREST

13. QOR LICENSE PLATES

QOR License Plates are available to all Riflemen for purchase from the QOR Association: \$52.10 each. Please contact the Regimental Kit Shop Manager Andy Macnaughton: 416-453-3747.

14. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED

The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

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15. SECOND CAREER ASSISTANCE NETWORK (SCAN) SEMINAR

There will be a two-part Second Career Assistance Network (SCAN) seminar. Day 1 and 2 will cover topics applicable to all releasing CF members. Day 3 will be tailored to those persons who are releasing medically (all member welcome to attend all three days). It is recommended that military members attend a SCAN seminar at the beginning of one's career and more frequently as they approach their release date. The seminar schedule will not be distributed prior to the seminar.

When: 05-07 October 2010

Where: WO & Sgt's Mess, London

Who: Any member can attend

Links to the advertisement and registration form are below:

http://armyonline.kingston.mil.ca/LFCA/143000440005075/SCAN_REGISTRATION_LO.DOC

http://armyonline.kingston.mil.ca/LFCA/143000440005075/SCAN_POSTER_LONDON_1.DOC

16. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS

Free tickets to Ontario Science Centre - Expires Dec 31st, 2010. One time, 4 per family only. Must sign for your tickets. Adults pay \$2 at the centre but youth, seniors, and children are FREE with coupon.

Canada Wonderland Discounted Tickets - Sold now at TMFRC. See link for details: [http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA S WONDERLAND_0.DOC](http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA_S_WONDERLAND_0.DOC)

More information and discounts available at:
<http://www.familyforce.ca/sites/Toronto/splash.aspx>

17. 2011 UNIVERSITY TRAINING PLAN FOR NON-COMMISSIONED MEMBERS (UTPNM) COMPETITION

CANFORGEN 156/10 CMP 069/10 161215Z AUG 10

The UTPNCM is open to Cpls and above effective immediately. The closing date for completed applications is 12 Nov 10. Files received after this date will not be processed. The Canadian Forces may sponsor those NCMs wishing to attending RMC Kingston, and in some circumstances, a civilian university, in exchange for a commitment to serve afterward.

Queries, including regarding eligibility, may be directed to MCpl Eric Labelle 613-944-4916. Further details are also outlined in CFAO 9-13:

http://admfincs.mil.ca/admfincs/subjects/cfao/009-13_e.asp available from the Asst Adjt of The QOR.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

18. PROMOTIONS

2Lt Mehmood

19. DECORATIONS

Nil

20. AWARDS

Nil

21. RELEASES

Nil

22. TRANSFERS/POSTINGS – IN

Capt Chang - PPCLI

23. TRANSFERS – OUT

Nil

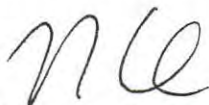
24. ATTACHED POSTED – IN

Nil

25. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 08/10

10 Nov 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I

CALENDAR OF EVENTS

1. TRAINING CALENDAR
2. FTUC LEAVE, TASKINGS, ROTO, COURSES
3. EXEMPT DRILL & TRAINING
4. NON-EFFECTIVE STRENGTH
5. PENDING RELEASE

PART II

DUTIES AND APPOINTMENTS

6. DUTY PERS MOSS PARK ARMOURY
7. DUTY PERS DALTON ARMOURY
8. SECONDARY DUTIES LIST
9. AUTHORITY TO WEAR THE MAROON BERET

PART III

CURRENT ITEMS

10. IMMEDIATE FREEZE ON UNIT PHYSICAL FITNESS ACCOUNT
11. THANKS FOR QOR ASSISTANCE – CPL BAKER'S FUNERAL (FEB 2010)
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PART IV

GENERAL INTEREST

13. DISCOUNT VIA RAIL CANADA FARES FOR CF PERSONNEL
14. FREE REGULAR PARCEL SERVICE OVERSEAS
15. QOR LICENSE PLATES
16. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
17. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS
18. FLUVIRAL CAMPAIGN 2010

PART V

PROMOTIONS - DECORATIONS – RELEASES - TRANSFERS

19. PROMOTIONS
20. DECORATIONS
21. AWARDS
22. RELEASES
23. TRANSFERS IN
24. TRANSFERS OUT
25. ATTACHED POSTED IN
26. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

10 Nov 10	Parade Night	MPA/DA	All	
11 Nov 10	R-Day Service	St Paul's	FTUC, P&S, Band	Optional for all, no pay.
17 Nov 10	Parade Night	MPA/DA	All	
19-21 Nov 10	Ex Active Serpent	Meaford	All	Level 3-4 Offensive Ops
24 Nov 10	Parade Night	MPA/DA	All	60 th - Rappel Trg
01 Dec 10	Parade Night	MPA/DA	All	
08 Dec 10	X-Mas Dinner	MPA	All	
01 Jan 10	Levee	MPA	All	
05 Jan 10	Parade Night	MPA/DA	All	
27 Jan 11	SAV	MPA/DA		
2 Feb 11	HQ Team Visit	MPA		

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

MCpl	Abate	B/A	QOR OF C
Cpl	Alonso	C	TF 3-10
Sgt	Behan	B/A	QOR OF C
Cpl	Bremner	C	TF 3-10
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brown	B/A	QOR OF C
Sgt	Burns	B/A	QOR OF C
Maj	Champion	C	TF Afg
MCpl	Chen	C	TF 3-10
MCpl	Coelho	C	TF 3-10
Cpl	Craddock	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Cpl	Dritsas	C	TF 3-10
Cpl	Ghattas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
MCpl	Hing	B/A	QOR OF C
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Cpl	Lavery	C	TF 3-10
Capt	Lee	C	TF 3-10
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B/A	QOR OF C
MCpl	Milrod	B	CFLAWC Trenton
Capt	Moyer	C	TF 3-10
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Stalteri	B	CFLAWC Trenton
Capt	Stewart	B/A	QOR OF C
MCpl	Thomas	B/A	QOR OF C
MCpl	Tse	C	TF 3-10
Cpl	Wright	C	TF 3-10

3. ED&T:

Cpl Boughton-Flynn
Sgt Paton

WO Kim
Cpl Khan

MCpl Kurelo

4. NES:

Pte Balta
Pte Chao
Cpl Faduck
Cpl Grains
Sgt Henry
Rfn Ho C
Cpl Hogg
Cpl James
Pte Kabiliravi
Pte Kennedy TS
Pte Kirupakaran

Cpl Low
Pte Mahmood
Pte Matecki
Pte Peterdy
Cpl Pitton
Pte Poirier
Cpl Polbodetto
MCpl Reavie
Pte Scott
Pte Stranks
Pte Taylor

Pte Thai
Pte Valyear
Pte Wiltshire
Cpl Wong NC
Pte Yu

5. PRL:

Lt Burton
Cpl Benincasa
Pte Choy
Pte Clarke
Rfn Coke
Pte Crandall
Cpl De Silva
Pte Durkalec
Pte Fonte
Cpl Fung

Cpl Harrison
Pte Guy
Sgt. Halcro
Pte Hong
MCpl Huh
Cpl Ibrahim
Cpl Jabiyev
Cpl Lynch
Pte McNevin
Pte Ostola

Cpl Ton
Pte Ott
MCpl Overholt
Cpl Wilson
Cpl Windover
Pte Wu

PART II - DUTIES AND APPOINTMENTS

6. DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)

Duty Officer

Senior Duty Officer: Lt. Dar Ali Contact: 647-929-4441 ; fla_ga@hotmail.com

If you are unable to complete your duty as scheduled please contact the Senior Duty Officer to replace yourself and reschedule.

10-Nov-10	Lt	Leibel
17-Nov-10	2Lt	Foderick
24-Nov-10	Capt	Foulds
1-Dec-10	OCdt	Llewellyn-Thomas
8-Dec-10	-	MPs
1-Jan-11	2Lt	Chrzan
5-Jan-11	Lt	Leibel

Duty Sgt/MCpl

10-Nov-10	Sgt	McAuley	MCpl	Reavie
17-Nov-10	WO	Thorn	MCpl	Semenovych
24-Nov-10	Sgt	Wilson	MCpl	Smardenkas
1-Dec-10	Sgt	Behan		Thomas
8-Dec-10	-	MPs	-	-
1-Jan-11	Sgt	Burns	MCpl	Tremblay
5-Jan-11	Sgt	Fabry	MCpl	Wolfe

FTUC Gate Duty List

10-Nov-10	Cpl	Brown
17-Nov-10	Cpl	Dupee
24-Nov-10	Cpl	Brown
1-Dec-10	Cpl	Dupee

8-Dec-10	-	MPs
1-Jan-11	Cpl	Brown
5-Jan-11	Cpl	Dupee

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 - 2230 60th Coy
 - c) 2230 - 2330 Duty Staff
 - d) 2330 - Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- **Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.**
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and Duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate or block the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the Duty Officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

10-Nov-10	MCpl	Kim	Sam
17-Nov-10	MCpl	Kiss	Allan
24-Nov-10	Sgt	Buckle	Angus

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- Any ID Checker must be properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel MCpl-Sgt and Ocldt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Capt Stewart
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj St. Denis
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) LCol Fotheringham
Mbr	(DCO) Maj St. Denis
Mbr	(Adjt) Capt Stewart
Mbr	(RSM) CWO Kelly
Mbr	(OC 60th) Lt Moody
Mbr	(OC Buffs) Capt Meerburg
Mbr	(OC Vics) Lt Biendorff
Mbr	Capt Arendz
Mbr	Capt A. Harmes
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj St. Denis
Secy	(Adjt) Capt Stewart
Mbr	Capt Harmes
Mbr	Lt Moody
<u>PERSONNEL SUPPORT PROGRAMS</u>	
NPF Board	
Chair	Lt Dar Ali
Mbr	Capt Foulds
Mbr	2Lt Mehmood
Mbr	2Lt Foderick
Mbr	Capt Kaipio
Mbr	Lt Beindorff
Mbr	Capt Chang
Mbr	Sgt Kohler

Mbr	Sgt Hodgson
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harmes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Johnston
Mess Committee - JR Ranks	
PMC	TBD
Mess Committee – Dalton Armoury Mess	
PMC	TBD
VPMC	MCpl Lim
Treasurer	Cpl Lui
Entertainment	MCpl Pampe
Bar Manager	Cpl Ng
HEALTH AND SAFETY	
General Safety Committee	
Chair	Maj St. Denis
A Safe O	Lt Beindorff
Rad SO	CWO Kelly
Fire Warden	MCpl Kurelo
HAZMAT SME	Sgt Hood
WHMIS SME	Sgt Hood
Rad SC	Sgt Burns
Environmental O	Lt Beindorff
60 th Coy Rep	MWO Martin
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	Sgt Hood
Drug Education Coordinator	
OPI	Capt Kaipio
MATERIAL	
Audit Board	
Chair	Lt Mantle
Mbr	Lt Dar Ali
Mbr	Lt Leibel
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Capt Stewart
COMMS	
Comms	
Sigs NCO	Sgt Green
PUBLIC AFFAIRS	
Public Affairs	
PAO	2Lt Foderick
A/PAO	TBD
Photographers	Capt McGregor/Ad hoc
HISTORICAL MATTERS	
Historical Matters	
History Officer	CWO Kelly
RANGE SAFETY OFFICERS	
Range Safety Officers	
LCol Fotheringham	MWO Shannon
Capt Meerburg	MWO Martin
Capt A Harmes	WO O'Halloran
Capt D Harmes	WO Parris
Capt Stewart	WO Thorn
Capt Kaipio	Sgt Kohler
Capt Potter	Sgt Wilson
Capt Kotscha	Sgt Hood
Lt Moody	Sgt Burns
Lt Dar Ali	Sgt Fabry
Lt Mantle	Sgt Behan
Lt Leibel	Sgt Frounze
Lt Stewart	Sgt Green
CWO Kelly	Sgt Currie

SECURITY	
Security Board	
Security Officer	Maj St. Denis
Security NCO	Cpl Lui
Wpns Security NCO	Sgt Hood
OTHER	
OIC Scarborough Armoury	Capt Meerburg
Cadet LO	Capt Potter
Unit Ethics Officer	2Lt Chrzan
Reserve Liaison Officer (RLO)	Capt Foulds
Government of Canada Workplace Charitable Campaign (GCWCC) Unit Reps.	Lt Dar Ali MCpl Pampe

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Cpl Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood
Maj St. Denis		

If your name should be on this list please contact Sgt Burns.

PART III - CURRENT ITEMS

10. **IMMEDIATE FREEZE ON UNIT PHYSICAL FITNESS ACCOUNT**

Due to overspending all spending on the Unit Physical Fitness Account will stop immediately until further notice.

This is also a reminder that all Non-Public Funds spending must be pre-authorized by the Unit NPFO or Adjt.

11. **THANKS FOR QOR ASSISTANCE – CPL BAKER'S FUNERAL (FEB 2010)**

On 11 Aug 2010 LCol Prendergast, CO of The Loyal Edmonton Regiment (4 PPCLI) wrote to extend his "deepest thanks and appreciation to the officers and men of The Queen's Own Rifles for the assistance provided at Cpl Baker's funeral in February," 2010. LCol writes that "Without hesitation and with utmost professionalism, The Queen's Own Rifles provided an honour guard, vehicles, and liaison personnel to ensure a proper send off for our fallen comrade."

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 - c. The minimum number of days required for someone to be eligible for the SWASM, GCS, and GSM has been reduced to a common 30 days.
 - d. Multiple tours in the same theatre will be recognized. Recipients of the SWASM with Afghanistan Bar, the GCS and the GSM may be eligible for new multiple rotation recognition in the form of rotation bars. Rotation bars will be awarded for each additional period of 180 days of eligible service following medal qualification (30 days).
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PART IV – GENERAL INTEREST

13. DISCOUNT VIA RAIL CANADA FARES FOR CF PERSONNEL

Via Rail has created the Canadian Forces Personnel Travel Fare. This is a 25% discount off of Via Rail's lowest available fare in each class of travel, effective 1 Nov 10. This offer is exclusive to serving CF personnel and veterans. Those eligible may book up to 5 immediate family members and save 25% on their tickets as well. Full details are available on the Via Rail website.

14. FREE REGULAR PARCEL SERVICE OVERSEAS

Canada Post will again be providing free parcel service for family and friends of deployed CF members until January 11th, 2011. Free letter delivery will continue throughout 2011. Parcels and letters must be brought to a Canada Post retail outlet for delivery.

15. QOR LICENSE PLATES

QOR License Plates are available to all Riflemen for purchase from the QOR Association: \$52.10 each. Please contact the Regimental Kit Shop Manager Andy Macnaughton: 416-453-3747.

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The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

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For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

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Free tickets to Ontario Science Centre - Expires Dec 31st, 2010. One time, 4 per family only. Must sign for your tickets. Adults pay \$2 at the centre but youth, seniors, and children are FREE with coupon.

Canada Wonderland Discounted Tickets - Sold now at TMFRC. See link for details: [http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA S WONDERLAND_0.DOC](http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA_S_WONDERLAND_0.DOC)

18. FLUVIRAL CAMPAIGN 2010

Influenza vaccination for 2010/2011 is strongly recommended for all CF members, Regular or Reserve who obtain their usual medical care from the CF HSvcs. Please note the following times and locations where Flu Clinics will be provided for the 2010/2011 Season:

Flu Clinics will be held on the following dates. (No appointment is needed)
Please be prepared to wait 15 min post-vaccination:

MIR Denison Armoury:

Mon Nov 15 13:30-15:00pm	Wed Nov 17 13:30-15:00pm
Mon Nov 22 13:30-15:00pm	Wed Nov 24 13:30-15:00pm

CFRC: Tues Nov 9th 2010 13:30-15:00pm (4900 Yonge St)

CFEME: Tues Nov 23 2010 13:30-15:00pm (DRDC)

Any questions or concerns can be directed to Tina Atherton CHN, 32 CF HSvcs, Denison Armoury 416-633-6200 ext 5860.

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

19. PROMOTIONS

2Lt Mehmood
2Lt Llewellyn-Thomas

20. DECORATIONS

Nil

21. AWARDS

Nil

22. RELEASES

Nil

23. TRANSFERS/POSTINGS – IN

Capt Chang - PPCLI

24. TRANSFERS – OUT

Nil

25. ATTACHED POSTED – IN

Nil

26. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS



For: J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer



THE QUEEN'S OWN RIFLES OF CANADA

UNIT ROUTINE ORDERS 09/10 8 Dec 2010

Lieutenant-Colonel J. Fotheringham, CD
Commanding Officer

PART I

CALENDAR OF EVENTS

1. TRAINING CALENDAR
2. FTUC LEAVE, TASKINGS, ROTO, COURSES
3. EXEMPT DRILL & TRAINING
4. NON-EFFECTIVE STRENGTH
5. PENDING RELEASE

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7. DUTY PERS DALTON ARMOURY
8. SECONDARY DUTIES LIST
9. AUTHORITY TO WEAR THE MAROON BERET

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11. IMMEDIATE FREEZE ON UNIT PHYSICAL FITNESS ACCOUNT
12. MEDIA INQUIRIES RE: AFGHANISTAN POST-2011

PART IV

GENERAL INTEREST

13. DISCOUNT VIA RAIL CANADA FARES FOR CF PERSONNEL
14. FREE REGULAR PARCEL SERVICE OVERSEAS
15. QOR LICENSE PLATES
16. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED
17. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS

PART V

PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

18. PROMOTIONS
19. DECORATIONS
20. AWARDS
21. RELEASES
22. TRANSFERS IN
23. TRANSFERS OUT
24. ATTACHED POSTED IN
25. ATTACHED POSTED OUT

PART I - CALENDAR OF EVENTS

TRAINING CALENDAR:

08 Dec 10	Mens X-Mas Dinner	MPA	All
01 Jan 11	Levee	MPA	All
05 Jan 11	C.O.'s Parade	MPA	All
08-09 Jan 11	First Aid Training	MPA	All
12 Jan 11	Parade Night	MPA/DA	All
19 Jan 11	Parade Night	MPA/DA	All
21-23 Jan 11	EX COLD START 1	MEAFORD	All
21-23 Jan 11	BWW crse wknd 1	MEAFORD	BWW pers
26 Jan 11	Parade Night	MPA/DA	All
27 Jan 11	SAV	MPA/DA	Staff
02 Feb 11	Parade Night	MPA/DA	All
04-06 Feb 11	BWW Crse Wknd 2	MEAFORD	BWW pers
09 Feb 11	Parade Night	MPA/DA	All
11-13 Feb 11	EX COLD START 2	MEAFORD	All
16 Feb 11	Parade Night	MPA/DA	All
23 Feb 11	C.O.'s Parade	MPA	All
18-27 Feb 11	EX POLAR WARRIOR	NORTH ONT	ARCG
02 Mar 11	Parade Night	MPA/DA	All
09 Mar 11	Parade Night	MPA/DA	All
11-13 Mar 11	EX ACTIVE SERPENT 2	MEAFORD	All
16 Mar 11	Parade Night	MPA/DA	All
23 Mar 11	Parade Night	MPA/DA	All
26-27 Mar 10	QOR CONPARA 11-1	TBC	Jumpers
30 Mar 11	C.O.'s Parade	MPA	All

2. FTUC LEAVE, TASKINGS, ROTO, COURSES:

MCpl	Abate	B/A	QOR OF C
Cpl	Alonso	C	TF 3-10
LCol	Banerjee	C	CFC Toronto
Sgt	Behan	B/A	QOR OF C
Sgt	Bridge	B	CFLAWC Trenton
Cpl	Brown	B/A	QOR OF C
Sgt	Burns	B/A	QOR OF C
Maj	Champion	C	TF Afg
MCpl	Chen	C	TF 3-10
MCpl	Coelho	C	TF 3-10
MCpl	Deganis	C	TF 3-10
Cpl	Dritsas	C	TF 3-10
Capt	Harmes	B	PSTC Kingston
MCpl	Hing	B/A	QOR OF C
Sgt	Hood	B	709 Comms
Cpl	Jun	C	TF 3-10
Cpl	Kennedy	B	8 Wing
Capt	Kotscha	B	DRDC Toronto
Lt	Leibel	B	32 CBG HQ
Cpl	Lui	B/A	QOR OF C
MCpl	Milrod	B	CFLAWC Trenton
Capt	Moyer	C	TF 3-10
Sgt	Murray	C	TF 3-10
Cpl	Ortega	C	TF 3-10
Sgt	Ragos	B	CFLAWC Trenton
MWO	Shannon	B	LFCA Op Connection
Cpl	Stalteri	B	CFLAWC Trenton

Capt	Stewart	B/A	QOR OF C
MCpl	Thomas	B/A	QOR OF C

3. **ED&T:**

Cpl Boughton-Flynn	WO Kim	MCpl Kurelo
Sgt Paton	Cpl Khan	Cpl Mitchell

4. **NES:**

Pte Balta	Pte Matecki
Pte Chao	Pte Peterdy
Cpl Faduck	MCpl Reavie
Cpl Grains	Pte Scott
Sgt Henry	Pte Stranks
Rfn Ho C	Pte Taylor
Cpl Hogg	Pte Valyear
Cpl James	Pte Wiltshire
Pte Kabiliravi	
Pte Kirupakaran	
Pte Mahmood	

5. **PRL:**

Cpl Benincasa	MCpl Huh	Cpl Wong NC
Pte Choy	Cpl Ibrahim	Pte Wu
Pte Clarke	Cpl Lynch	Pte Yu FXX
Pte Coke	Pte Ott	
Cpl De Silva	Cpl Pitton	
Pte Durkalec	Capt Ross	
Pte Fonte	Pte Thai	
Cpl Fung	Cpl Ton	
Pte Guy	Cpl Wilson BD	
Sgt Halcro	Cpl Windover	

PART II - DUTIES AND APPOINTMENTS

6. **DUTY PERSONNEL MOSS PARK ARMOURY (GATE DUTY UPDATE)**

Duty Officer

Senior Duty Officer: Lt. Dar Ali Contact: 647-929-4441 ; fla_ga@hotmail.com

If you are unable to complete your duty as scheduled please contact the Senior Duty Officer to replace yourself and reschedule.

1-Jan-11	2Lt	Chrzan
5-Jan-11	Lt	Leibel
12-Jan-11	Capt	Kaipio
19-Jan-11	Capt	Foulds
26-Jan-26	Lt	Leibel
2-Feb-11	2Lt	Foderick
9-Feb-11	2Lt	Mehmood

Duty Sgt/MCpl

1-Jan-11	Sgt	Burns	MCpl	Tremblay
5-Jan-11	Sgt	Fabry	MCpl	Wolfe
12-Jan-11	Sgt	Feldman	MCpl	Abate
19-Jan-11	Sgt	Green	MCpl	Charlebois
26-Jan-11	Sgt	Hodgson	MCpl	Johnston
2-Feb-11	Sgt	Johnston	MCpl	Leader
9-Feb-11	Sgt	Kenny	MCpl	MacMillan

FTUC Gate Duty List

1-Jan-11	Cpl	Brown
5-Jan-11	Cpl	Dupee
12-Jan-11	Cpl	Brown
19-Jan-11	Cpl	Dupee

26-Jan-11	Cpl	Brown
2-Feb-11	Cpl	Dupee
9-Feb-11	Cpl	Brown

Routine

- Tour of Duty:
 - a) 1830 - 2000 FTUC
 - b) 2000 – 2230 60th Coy
 - c) 2230 – 2330 Duty Staff
 - d) 2330 – Gate Closed
- Report to the BOR at 1915 for a briefing on the gate security procedures and to sign out the security eqpt (keys, radios, log book, flashlight).
- All MPA personnel from the rank of Capt to WO are eligible for Duty Officer/NCO, OCs, CSMs, and CC are exempt.
- Duty Personnel will report to the Adjt at the start of their shift.
- The end of night responsibility may be handed off to an acceptable person as long as the Adjt approves of the change prior to the hand-over.
- At 2300, the DO will inform all messes that the gates will be locked at 2330. At 2330, the Duty Staff will lock the gates and carry out their building checks.
- On Sunday following an exercise, the Duty Staff are responsible for all final lock-ups and bldg checks as per the normal SOPs.
- During mess dinners, the DO/D Sgt is responsible for all final lock-ups and building checks and must ensure that they have the necessary keys.
- After completing the building checks, the DO will ensure that all eqpt and keys are returned to the BOR. Also, the duty log must be filled out and signed at the end of the night prior to turning in the duty book.

Gate Duty SOP

- **Two security staff must be on the gate at all times and must check for ID and log in, all incoming vehicles and persons. Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable form of ID. All personnel must have a legitimate reason to enter the building.**
- The gate guards will be properly dressed at all times (including environmental clothing) and will wear fluorescents vests;
- They will be in comms with the BOR and Duty Officer who will monitor their radios at all times, and conduct a radio check every half hour;
- They will ensure no cars park in front of the gate or block the fire lanes;
- For persons without mil ID the following will occur:
 - All civilians members of the band, mess and kit shop staff will be in possession of an ID card issued by the BOR;
 - For recruiting applicants a nominal role will be issued by the recruiting NCO to the GG and for unannounced applicants the recruiting NCO will be paged to escort them in;
 - For unit members that are recognized, picture ID will be shown and the name will be recorded, for follow up by appropriate CSM; or
 - For unit members that are not recognized the PI 2IC or CSM must be paged to vouch for member.
- Emergencies:
 - In the event of an emergency the Duty Officer will immediately be paged;
 - Staff will close and lock gate and be prepared to open as required; and
 - Under no circumstances are the GG to touch, push, or physically detain unwanted trespassers, if despite being told in a firm, clear voice that they are trespassing the individuals persist the Duty Officer must be called and the trespassers must be followed.
- Equipment:
 - 3 X family radios and 2 spares;
 - 2 X Fluorescent marker vests;
 - 1 X lighting kit, (to illuminate check point); and
 - 1 X clipboard.

7. DUTY STAFF DALTON ARMOURY:

5-Jan-11	MCpl	Silva	Shane
12-Jan-11	MCpl	Lim	Jason
19-Jan-11	MCpl	Kim	Sam

26-Jan-11	MCpl	Kiss	Allan
2-Feb-11	MCpl	Kiss	Allan
9-Feb-11	Sgt	Buckle	Angus
16-Feb-11	MCpl	Ezmenari	Chudwudi

Routine

- Tour of Duty: 1830-2330
- Report to the CSM or OC once they arrive.
- Ensure that the front door is secure at all times: locked, or unlocked with a person posted to check ID.
- Ensure the rear and side doors are secure at all times.
- Military personnel must present Military ID to enter the building, civilians a driver's license or other acceptable ID. All personnel must have a legitimate reason to enter the building.
- Any ID Checker must be properly briefed with regards to their report person, timings, the log book, etc.
- Ensure the log book is available and up to date, and that any special visitors (personnel not regularly there) are logged in and out of the log book.
- Secure the building at the end of the night: ensure all personnel have left, all doors are locked, the CQ and weapons vault is secure, and lights turned off.

Availability

- All Buffs Coy personnel MCpl-Sgt and Ocdt-Lt are eligible for duty.
- Anyone that cannot perform their duty for whatever reason will report to the CSM or OC with their reason and an eligible replacement.
- The end of night responsibility may be handed off to an acceptable person as long as the CSM or OC approves of the change prior to the hand-over.

8. SECONDARY DUTIES LIST:

<u>PERSONNEL</u>	
Canadian Forces Liaison Council	
Unit Military Leave Rep	Capt Stewart
Employment Support Advisor	CWO Kelly
Unit Welfare Appointments	
Welfare Officer	Capt Saugh
Welfare NCO	MCpl Pampe
Family Support Group for Deployed Soldiers	
DCO	Maj St. Denis
Padre	Capt Saugh
Adjt	Capt Stewart
RSM	CWO Kelly
Support Clerk	Cpl Lui
Harassment	
Advisor (HA)	Sgt Parris
Advisor (HA)	MCpl Pampe
Workplace Relations Advisors (WRA)	TBD
Awards Committee	
Chair	(CO) LCol Fotheringham
Mbr	(DCO) Maj St. Denis
Mbr	(Adj) Capt Stewart
Mbr	(RSM) CWO Kelly
Mbr	(OC 60th) Lt Moody
Mbr	(OC Buffs) Capt Meerburg
Mbr	(OC Vics) Lt Beindorff
Mbr	Capt Arendz
Mbr	Capt A. Harmes
Mbr	MWO Martin
Officer Selection Board	
Chair	(DCO) Maj St. Denis
Secy	(Adj) Capt Stewart
Mbr	Capt Harmes
Mbr	Lt Moody
<u>PERSONNEL SUPPORT PROGRAMS</u>	
NPF Board	
Chair	Maj. St. Denis
Mbr	Lt Dar Ali
Mbr	Capt Foulds
Mbr	2Lt Mehmood
Mbr	2Lt Foderick
Mbr	Capt Kaipio

Mbr	Capt Chang
Mbr	Sgt Kohler
Mbr	Sgt Hodgson
Mess Committee - Officers' Mess	
PMC	Capt Foulds
VPMC	Capt Sheedy
Treasurer	2Lt Foderick
House Manager	Capt D. Harnes
Secretary	Lt Mantle
Senior Subaltern	Lt Dar-Ali
Mess Committee - Sgts' Mess	
PMC	Sgt Johnston
Mess Committee - JR Ranks	
PMC	TBD
Mess Committee – Dalton Armoury Mess	
PMC	Cpl Ng
VPMC	Cpl Slack
Treasurer	Cpl R. Zhang
Secretary	Lt Mantle
Events	Cpl Humphrey
Bar Manager	MCpl Kim
Advisor	MCpl Pampe
<u>HEALTH AND SAFETY</u>	
General Safety Committee	
Chair	Maj St. Denis
A Safe O	Lt Beindorff
Rad SO	CWO Kelly
Fire Warden	TBD
HAZMAT SME	MCpl Thomas, Cpl Dupee, Lt Beindorff
WHMIS SME	MCpl Thomas, Cpl Dupee
Rad SC	Sgt Burns
Environmental O	Lt Beindorff
60 th Coy Rep	MWO Martin
Bufs Coy Rep	MCpl Hing
Vics Coy Rep	MWO Parris
Drug Education Coordinator	
OPI	Capt Kaipio
<u>MATERIAL</u>	
Audit Board	
Chair	Lt Mantle
Mbr	Lt Dar Ali
Mbr	Lt Leibel
Mbr	Capt Kaipio
Mbr	Appointed as required
ISSO	
Holder	Capt Stewart
<u>COMMS</u>	
Comms	
Sigs NCO	Sgt Green
<u>PUBLIC AFFAIRS</u>	
Public Affairs	
PAO	2Lt Foderick
A/PAO	TBD
Photographers	Capt McGregor/Ad hoc
<u>HISTORICAL MATTERS</u>	
Historical Matters	
History Officer	CWO Kelly
<u>RANGE SAFETY OFFICERS</u>	
Range Safety Officers	
LCol Fotheringham	MWO Martin
Capt Meerburg	MWO Parris
Capt A Harnes	WO O'Halloran
Capt D Harnes	WO Thorn
Capt Stewart	Sgt Kohler
Capt Kaipio	Sgt Wilson
Capt Potter	Sgt Hood
Lt Moody	Sgt Burns
Lt Dar Ali	Sgt Fabry
Lt Mantle	Sgt Behan
Lt Leibel	Sgt Frounze
Lt Stewart	Sgt Green

CWO Kelly	Sgt Currie
MWO Shannon	
<u>SECURITY</u>	
Security Board	
Security Officer	Maj St. Denis
Security NCO	Cpl Lui
Wpns Security NCO	MCpl Thomas
<u>AUTHORITY TO LAY CHARGES</u>	
Authority to Lay Charges	WO, MWO, CWO, Capt, Maj, LCol* (*The RSM or Adjt must be consulted before charges are laid)
Delegated Officers	Maj. Champion, Capt. Stewart, Capt. Foulds
Custody Review Officers	Capt. Stewart, Capt. Foulds
<u>OTHER</u>	
OIC Scarborough Armoury	Capt Meerburg
Cadet LO	Capt Potter
Unit Ethics Officer	2Lt Chrzan
Reserve Liaison Officer (RLO)	Capt Foulds
Government of Canada Workplace Charitable Campaign (GCWCC) Unit Reps.	Lt Dar Ali MCpl Pampe

9. **AUTHORITY TO WEAR THE MAROON BERET**

The following pers are authorized to wear the Maroon Beret:

MCpl Abate	Capt Harmes	Lt Moody
Sgt Behan	MCpl Hing	Sgt Morin
Cpl Benincasa	Cpl Hoad	Capt Moyer
Lt Beindorff	Sgt Hood	Cpl Myles
Cpl Brooks	Cpl Humphrey	WO O'Halloran
Sgt Burns	Sgt Johnston	MCpl Overholt
Cpl Carrier	MCpl Johnston	Cpl Saraiva
Cpl Chang	MCpl Kim, I	MWO Shannon
MCpl DeBartok	Cpl Kim, J	MCpl Silva
MCpl Dias	Cpl Kiss	Lt Stewart
Cpl Dupee	Sgt Kohler	MCpl Thomas
Sgt Fabry	MCpl Leader	Capt Timms
Sgt Frounze	MCpl Lim	Cpl Villa
Cpl Gee	Lt Mantle	Cpl Webster
MCpl Griffiths	MCpl McGibbon	MCpl Wolfe
Cpl Hannan	Cpl Maiolo	Cpl Wood
Maj St. Denis		

If your name should be on this list please contact Sgt Burns.

PART III - CURRENT ITEMS

10. **NO AUTHORITY TO PARADE AFTER 20:00 ON PARADE NIGHTS**

Parade nights begin promptly at 19:30. Pay sheets will be removed from the parade square at 20:00. All personnel arriving for parade nights late will not be allowed to sign-in or parade.

Permission to arrive late must be pre-authorized through the Chain of Command.

Exceptions to this order that do not have prior approval may be authorized by the Adjt, but only will be in special circumstances.

11. **IMMEDIATE FREEZE ON UNIT PHYSICAL FITNESS ACCOUNT**

Due to overspending all spending on the Unit Physical Fitness Account will stop immediately until further notice.

This is also a reminder that all Non-Public Funds spending must be pre-authorized by the Unit NPFO or Adjt.

12. **MEDIA INQUIRIES RE: AFGHANISTAN POST-2011**

Director Army Public Affairs is advising us all to refer any question from reporters with respect to the CF's future role in Afghanistan to the Media Liaison Office of NDHQ, whose number is 613 996-2353/54 or 1-866-377-0811.

PART IV – GENERAL INTEREST

13. DISCOUNT VIA RAIL CANADA FARES FOR CF PERSONNEL

Via Rail has created the Canadian Forces Personnel Travel Fare. This is a 25% discount off of Via Rail's lowest available fare in each class of travel, effective 1 Nov 10. This offer is exclusive to serving CF personnel and veterans. Those eligible may book up to 5 immediate family members and save 25% on their tickets as well. Full details are available on the Via Rail website.

14. FREE REGULAR PARCEL SERVICE OVERSEAS

Canada Post will again be providing free parcel service for family and friends of deployed CF members until January 11th, 2011. Free letter delivery will continue throughout 2011. Parcels and letters must be brought to a Canada Post retail outlet for delivery.

15. QOR LICENSE PLATES

QOR License Plates are available to all Riflemen for purchase from the QOR Association: \$52.10 each. Please contact the Regimental Kit Shop Manager Andy Macnaughton: 416-453-3747.

16. BUYING BACK PENSIONABLE TIME DEADLINE EXTENDED

The opportunity for any soldier to buy back pensionable time prior to April 2007 has been extended to 28 February 2011.

Toll Free Hotline 1-888-507-1111 or email: respenbuybackdocs@forces.gc.ca

For more detailed information about Pensions, including: joining the plan; contributions; service; benefits; service; buy-back; credit transfers; and career and personal events, etc. Please see the new internet site at:

[HTTP://WWW.CMP-CPM.FORCES.GC.CA/DGCB-DGRAS/PS/PEN/INDEX-ENG.ASP](http://www.cmp-cpm.forces.gc.ca/dgcb-dgras/ps/pen/index-eng.asp)

or Intranet: [HTTP://HR.OTTAWA-HULL.MIL.CA/DGCB/DPSP/ENGRAPH/PENSIONRETIREMENT\(UNDERSCORE\)E.ASP?SIDESECTION\(EQUAL SIGN\)4\(AMPERSAND\)SIDECAT\(EQUAL SIGN\)15](http://hr.ottawa-hull.mil.ca/dgcb/dpdp/engraph/pensionretirement(underscore)e.asp?side=section(equal sign)4(ampersand)sidecat(equal sign)15)

17. ONTARIO SCIENCE CENTRE & CANADA'S WONDERLAND TICKETS

Free tickets to Ontario Science Centre - Expires Dec 31st, 2010. One time, 4 per family only. Must sign for your tickets. Adults pay \$2 at the centre but youth, seniors, and children are FREE with coupon.

Canada Wonderland Discounted Tickets - Sold now at TMFRC. See link for details: http://armyonline.kingston.mil.ca/LFCA/143000440031062/CANADA_S_WONDERLAND_0.DOC

More information and discounts available at:
<http://www.familyforce.ca/sites/Toronto/splash.aspx>

PART V - PROMOTIONS - DECORATIONS - RELEASES - TRANSFERS

18. PROMOTIONS

2Lt Mehmood
2Lt Llewellyn-Thomas

19. DECORATIONS

Sgt Burns – CD
Capt Arendz – CD (2nd Bar)

20. AWARDS

Nil

21. RELEASED

Lt Burton
Cpl Harrison
Pte Crandall
Cpl Jabiyev
Pte McNevin
Pte Ostola
Pte Zupo
MCpl Atkins
Pte Canonigo
Cpl Kloc
Pte Quijada-Del-Cid
Cpl Lee JJ
Cpl Cook FE
Pte Hong
MCpl Overholt

22. TRANSFERS/POSTINGS – IN

Capt Chang - PPCLI

23. TRANSFERS – OUT

Nil

24. ATTACHED POSTED – IN

Nil

25. ATTACHED POSTED – OUT

Nil

IN PACE PARATUS

J. M. Fotheringham
Lieutenant-Colonel
Commanding Officer